



JULY 2021

400 Inman Ave. Colonia, NJ 07067 | (732) 726-6261



Monday	Tuesday	Wednesday	Thursday	Friday
<p>For additional information: Rosemary Mende Smith rosemary.mende@twp.woodbridge.nj.us (732) 726-6261</p> <p>To RSVP for Division on Aging Expressions Educational Seminars: (732) 726-6262</p>		<p>Senior Center Hotline # 732-726-6264 Division On Aging 732-726-6262 STOW Transportation: 732-726-2394 Health Department 732-855-0600 Town Hall 732-634-4500 Police (Non-Emergency) 732-634-7700 MCAT (Transport) 800-221-3520 Access Link (Transport) 800-955-2321</p>	<p>1</p> <p>11:30am Chair Yoga 12pm Mahjongg 1pm Country Line Dancing 1:30pm Scrabble 2pm Rummikub</p>	<p>2</p> <p>10am Greiner Towers Day 11am Crochet 11:30am Bingo 11:30am Billiards 11:30am Cards 12pm Puzzles</p>
<p>5 CLOSED</p>	<p>6 RETURNING CLASS! *</p> <p>9:30am Zumba 11am Movie: "The Sandlot" 11am <u>Division on Aging Expressions Seminar: "Joy Through The Senses: Taste and Smell" (732) 726-6262</u> 12pm Mahjongg 1:30pm Dance Fitness* 3pm Ping Pong</p>	<p>7 RETURNING CLASS! *</p> <p>9:30am Exercise* 10:30am Music 11am Crochet 11:30am Senior Fit & Fun 12pm Puzzles 1pm Line Dancing (Beginners)</p>	<p>8</p> <p>11:30am Chair Yoga 12pm Mahjongg 1pm Country Line Dancing 1:30pm Scrabble 2pm Rummikub</p>	<p>9</p> <p>11am Crochet 11:30am Bingo 11:30am Billiards 11:30am Cards 12pm Puzzles 2pm Art Class</p>
<p>12 RETURNING CLASS! *</p> <p>9:30am Exercise* 10:30am Music 11:30am Bingo 11:30am Billiards 11:30am Cards 12pm Puzzles 2pm Line Dancing</p>	<p>13 RETURNING CLASS! *</p> <p>9:30am Zumba 11am Movie: "Mamma Mia!" 11am <u>Division on Aging Expressions Seminar: "Joy Through The Senses: Touch" (732) 726-6262</u> 12pm Mahjongg 1:30pm Dance Fitness* 3pm Ping Pong</p>	<p>14 RETURNING CLASS! *</p> <p>9:30am Exercise* 10:30am Music 11am Crochet 11:30am Senior Fit & Fun 12pm Puzzles 1pm Line Dancing (Beginners)</p>	<p>15</p> <p>11:30am Chair Yoga 12pm Mahjongg 1pm Country Line Dancing 1:30pm Scrabble 2pm Rummikub</p>	<p>16</p> <p>11am Crochet 11:30am Bingo 11:30am Billiards 11:30am Cards 12pm Puzzles 2pm Art Class</p>
<p>19 RETURNING CLASS! *</p> <p>9:30am Exercise* 10:30am Music 11:30am Bingo 11:30am Billiards 11:30am Cards 12pm Puzzles 2pm Line Dancing</p>	<p>20 RETURNING CLASS! *</p> <p>9:30am Zumba 11am Movie: "Jaws" 11am <u>Division on Aging Expressions Seminar: "Joy Through The Senses: Sight" (732) 726-6262</u> 12pm Mahjongg 1:30pm Dance Fitness* 3pm Ping Pong</p>	<p>21 RETURNING CLASS! *</p> <p>9:30am Exercise* 10:30am Music 11am Crochet 11:30am Senior Fit & Fun 12pm Puzzles 1pm Line Dancing (Beginners)</p>	<p>22</p> <p>11:30am Chair Yoga 12pm Mahjongg 1pm Country Line Dancing 1:30pm Scrabble 2pm Rummikub</p>	<p>23</p> <p>10:30am <i>Chat with Councilwoman Meehan</i> 11am Crochet 11:30am Bingo 11:30am Billiards 11:30am Cards 12pm Puzzles 2pm Art Class</p>
<p>26 RETURNING CLASS! *</p> <p>9:30am Exercise* 10:30am Music 11:30am Bingo 11:30am Billiards 11:30am Cards 12pm Puzzles 2pm Line Dancing</p>	<p>27 RETURNING CLASS! *</p> <p>9:30am Zumba 11am Movie: "Seabiscuit" 11am <u>Division on Aging Expressions Seminar: "Joy Through The Senses: Hearing" (732) 726-6262</u> 12pm Mahjongg 1:30pm Dance Fitness* 3pm Ping Pong</p>	<p>28 RETURNING CLASS! *</p> <p>9:30am Exercise* 10:30am Music 11am Crochet 11am <u>Division on Aging Expressions Seminar: "Protect Yourself from Medicare Fraud" (732) 726-6262</u> 11:30am Senior Fit & Fun 12pm Puzzles 1pm Line Dancing (Beginners)</p>	<p>29</p> <p>11:30am Chair Yoga 12pm Mahjongg 1pm Country Line Dancing 1:30pm Scrabble 2pm Rummikub</p>	<p>30</p> <p>11am Crochet 11:30am Bingo 11:30am Billiards 11:30am Cards 12pm Puzzles 2pm Art Class</p>

Schedule subject to change

MEMBERSHIP ELIGIBILITY: MUST BE 60 YEARS OF AGE OR OLDER AND A CURRENT WOODBRIDGE TOWNSHIP RESIDENT (PROOF OF ADDRESS REQUIRED)