
















Monday	Tuesday	Wednesday	Thursday	Friday
2  CLOSED LABOR DAY	3 9:30am Chair Yoga 1:30pm Bingo 	4 9:30am Tai Chi 10:00am Knitting/Crocheting 11:00am Port Reading/Sewaren Group Meeting 	5 10:00am Knitting/Crocheting 11:15am Zumba Gold 12:00pm Mahjongg 1:00pm Woodbridge Group 1:00pm Knitting/Crocheting	6 9:30am Zumba Gold Standing 10:15am Pilates Chair 11:50am Basic Line Dancing 1:00pm Friday Card Game 2:00pm Adult Art Class
9 10:30am Computer Classes 10:45am Zumba Gold Standing 11:00am * Rummikub 1:00pm Mahjongg 	10 9:30am Chair Yoga 1:30pm Bingo 	11 9:30am Tai Chi 10:00am Knitting/Crocheting 	12 10:00am Knitting/Crocheting 11:15am Zumba Gold 12:00pm Mahjongg 1:00pm Woodbridge Group 1:00pm Knitting/Crocheting	13 9:30am Zumba Gold Standing 10:15am Pilates Chair 11:50am Basic Line Dancing 1:00pm Friday Card Game 1:00pm Fords Group 2:00pm Adult Art Class
16 10:30am Computer Class Cancelled 10:45am Zumba Gold Standing 11:00am * Rummikub 1:00pm Mahjongg 	17 9:30am Chair Yoga 1:30pm Bingo 	18 9:30am Tai Chi 10:00am Knitting/Crocheting 10:30am Blood Pressure Screening 11:00am Port Reading/Sewaren Group Meeting 	19 10:00am Knitting/Crocheting 11:15am Zumba Gold 12:00pm Mahjongg 1:00pm Woodbridge Group 1:00pm Knitting/Crocheting	20 9:30am Zumba Gold Standing 10:15am Pilates Chair Rock N Roll Luncheon 12:00pm-3:00pm 
23 Happy 4th Anniversary-Syc 10:30am Computer Classes 10:45am Zumba Gold Standing 11:00am * Rummikub 1:00pm Mahjongg 1:00pm Movie Day 	24 9:30am Chair Yoga 1:30pm Bingo 	25 9:30am Tai Chi 10:00am Knitting/Crocheting 1:00 pm AARP Meeting 	26 10:00am Knitting/Crocheting 11:15am Zumba Gold 12:00pm Mahjongg 1:00pm Woodbridge Group 1:00pm Knitting/Crocheting	27 9:30am Zumba Gold Standing 10:15am Pilates Chair 11:50am Basic Line Dancing 1:00pm Friday Card Game 2:00pm Adult Art Class
30 10:30am Computer Classes 10:45am Zumba Gold Standing 11:00am * Rummikub 1:00pm Mahjongg 	31 9:30am Chair Yoga 1:30pm Bingo 	Mayor John E. McCormac Township of Woodbridge Senior Transportation Service  732-726-2394		

For General Information or If you have any questions please call Sandra Dookhu 732-726-7087 or Email: Sandra.Dookhu@twp.woodbridge.nj.us