

FIVE BRANCHES SENIOR CENTER
1 Brown Ave, Iselin
New Jersey 08850

September 2019



John E. McCormac
Mayor



Dennis M. Green
Director of Health



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>CLOSED HAPPY LABOR DAY</p>	<p>3</p> <p>10:30am Zumba Gold 11:00am Rummikub 11:30am Line Dancing 1:00pm Mahjongg</p>	<p>4</p> <p>11:00am Scrabble 1:00pm Cards 1:30pm Chair Yoga</p>	<p>5</p> <p>10:00am Zumba Gold 11:00am Chair Core 1:00pm Bingo</p>	<p>6</p> <p>10:00am Knitting 11:15am Zumba Gold 12:00pm Mahjongg</p>
<p>9</p> <p>8:45am Active Silver 9:30am Chair Pilates 11:00am Knitting 1:00pm Scrabble</p>	<p>10</p> <p>Super Hero Party 12-3pm</p>	<p>11</p> <p>11:00am Scrabble 1:00pm Cards 1:30pm Chair Yoga</p>	<p>12</p> <p>10:00am Zumba Gold 11:00am Chair Core 1:00pm Bingo</p>	<p>13</p> <p>10:00am Knitting 11:15am Zumba Gold 12:00pm Mahjongg</p>
<p>16</p> <p>8:45am Active Silver 9:30am Chair Pilates 11:00am "Visiting the Person with Alzheimer's Disease" (Multiservice) 11:00am Knitting 1:00pm Scrabble</p>	<p>17</p> <p>10:30am Zumba Gold 11:00am Rummikub 11:30am Line Dancing 1:00pm Mahjongg</p>	<p>18</p> <p>11:00am Scrabble 1:00pm Cards 1:30pm Chair Yoga</p>	<p>19</p> <p>10:00am Zumba Gold 11:00am Chair Core 1:00pm Bingo</p>	<p>20</p> <p>10:00am Knitting 11:15am Zumba Gold 12:00pm Mahjongg 12:30pm Movie Day "Invictus"</p>
<p>23</p> <p>8:45am Active Silver 9:30am Chair Pilates 11:00am Knitting 1:00pm Scrabble</p>	<p>24</p> <p>10:30am Zumba Gold 11:00am Rummikub 11:30am Line Dancing 1:00pm Mahjongg</p>	<p>25</p> <p>11:00am Scrabble 1:00pm Cards 1:30pm Chair Yoga</p>	<p>26</p> <p>10:00am Zumba Gold 11:00am Chair Core 1:00pm Bingo</p>	<p>27</p> <p>10:00am Knitting 11:15am Zumba Gold 12:00pm Mahjongg</p>
<p>30</p> <p>8:45am Active Silver 9:30am Chair Pilates 11:00am Knitting 1:00pm Scrabble</p>				<p>Mayor John E. McCormac Township of Woodbridge Senior Transportation Service</p> <p>732-726-2394</p>

For General Information or If you have any questions please call Liz Longenhagen at 732-726-6276 or Email: Elizabeth.Longenhagen@twp.woodbridge.nj.us