

NEWS

TOWNSHIP OF WOODBRIDGE



MAYOR JOHN E. McCORMAC

1 Main Street, Woodbridge, NJ 07095

Phone: (732) 634-4500 ♦ Fax: (732) 602-6016

Web: <http://www.twp.woodbridge.nj.us>

FOR IMMEDIATE RELEASE:

Aug. 17, 2007

FOR FURTHER INFORMATION CONTACT:

John R. Hagerty

Mayor's Office of Communications

732-602-6039

Mayor McCormac & Woodbridge Township Ready to Run "Crossroads of New Jersey" Race on Sun., Sept 2

Mayor's Wellness Campaign & Council on Physical Fitness & Sports Encourages Participation in Annual Event

WOODBIDGE – Get Ready... Get Set... Go... Mayor John E. McCormac today announced that runners of all ages will fill downtown Woodbridge streets for the 12th running of the annual "Crossroads of New Jersey" 10K, 5K and Mayor's Fun Run race on **Sun., Sept. 2 at 9:00 a.m.** (registration gets underway at 7:00 a.m.).

"The Mayor's Wellness Campaign supports the Crossroads of New Jersey Race as a great family participation activity for promoting a healthy lifestyle," Mayor McCormac said. "I encourage Township residents of all ages to run, jog or walk the course... just come out and participate for the health of it."

The "Crossroads of New Jersey Race" features 10K and 5K races and a One-Mile Mayor's Fun Run & Healthwalk. There will also be Lollipop races for the youngest runners – children up to age ten are invited to run in their respective age groups. The "Crossroads of New Jersey Race" is presented by the Mayor's Wellness Campaign, the Council on Physical Fitness and Sports and The Club at Woodbridge and is part of the USA Track and Field-sanctioned New Jersey Grand Prix. All race events start and finish at the Municipal Building on Main Street in downtown Woodbridge and will take place rain or shine.

This year's race features the Joseph A. Ward Memorial Trophy for the first-place male and female Woodbridge Township resident finishing the 10K event. The trophy recognizes and honors Joseph Ward, a Port Reading resident who died in 2004, a founder of the Crossroads race. "Joe was involved in creating and supporting many great causes that affected many people in Woodbridge," said Jeff Zirpolo, race chairman and member of the Mayor's Council on Physical Fitness and Sports.

Registration gets underway at 7:00 a.m. with the 10K and 5K races at the starting gun at 9:00 a.m. The One Mile Fun Run & Healthwalk gets underway at 10:30 a.m., followed by the Lollipop races at 10:45 a.m. Registration forms can be obtained at Woodbridge Town Hall, the Woodbridge libraries, The Club at

Woodbridge, the Woodbridge Community Center and Runner's High, 454 Main Street in Metuchen. For more information call 732-549-9440 or log on to the Woodbridge Township web page at: www.twp.woodbridge.nj.us.

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