

NEWS

TOWNSHIP OF WOODBRIDGE



MAYOR JOHN E. McCORMAC

♦ 1 Main Street, Woodbridge, NJ 07095

Phone: (732) 634-4500 ♦ Fax: (732) 602-6016 ♦ Web: <http://www.twp.woodbridge.nj.us>

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FOR FURTHER INFORMATION CONTACT:

John R. Hagerty

Mayor's Office of Communications

732-602-6039

Mayor John E. McCormac Announces Woodbridge Township to Host 2007 New Jersey Senior Olympics in September

Mayor's Wellness Campaign & Senior Olympics Promote Health & Fitness as Senior Athletes from Across the State Get Set To Compete in 15 Challenging Sporting Events on Sept. 7, 8 & 9

WOODBIDGE – Mayor John E. McCormac today announced that Woodbridge Township will host the 2007 New Jersey Senior Olympics and games on Sept. 7, 8 and 9 as scores of senior athletes are expected to compete in more than 15 events as part of the annual senior competition.

In announcing the upcoming New Jersey Senior Olympics and games, Mayor McCormac noted that the senior competition tracks the goals of the “Mayor’s Wellness Campaign” which encourages Township residents – regardless of age – to engage in a healthy and fit lifestyle. The Mayor, along with representatives from the New Jersey Senior Olympic Committee and senior volunteers, made the announcement at the monthly meeting of the Woodbridge Township Chapter of the American Association of Retired Persons in Avenel.

“I am extremely proud that Woodbridge Township was selected to host and sponsor the 2007 New Jersey Senior Olympics,” Mayor McCormac said. “Woodbridge Township is home to a significant and growing senior population which is more-and-more engaged in an active and physically fit lifestyle. The Senior Olympics embodies today’s senior athlete by featuring sporting events geared to senior-level competition. And, even before competition gets underway, every senior athlete is a winner just by staying in shape and participating in a routine physical fitness regimen.”

Mayor McCormac noted that the Senior Olympic Committee selected Woodbridge Township – the Crossroads of New Jersey – for its easy access to New Jersey’s major transportation network. The New Jersey Turnpike, Garden State Parkway, I-287 and Routes 440, 1 and 9 and 35, along with the Metro Park and downtown Woodbridge New Jersey Transit train stations, come together to make Woodbridge Township the ideal location in the center of the state.

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Additionally, Woodbridge Township offers senior athletes a true, world-class competition venue with sport and athletic facilities that include the YMCA at the Woodbridge Community Center, The Club at Woodbridge, the Woodbridge High School track and event fields, well-appointed county and municipal parks, and excellent private venue facilities that include bowling centers and nearby golf courses, which makes Woodbridge Township the ideal location for the senior games.

Mayor McCormac said that the opening ceremonies will take place on Sat., Sept 8 at 10:00 a.m. outside the YMCA at the Community Center. The ceremonies will highlight the nature of the games and competition and will feature participants competing in each sport. The YMCA at the Community Center and The Club at Woodbridge together provide a combination of multi-purpose recreational and sporting facilities, including a full-size gymnasium, Olympic-size swimming pool, roller skating rink, NHL-size ice skating and hockey rink, a wellness center, walking track, meeting rooms, and recreational and lounge areas.

Michael Garamella, Executive Director, New Jersey Senior Olympic Committee, said that the New Jersey Senior Olympics will feature 15 sporting events and competitions where senior athletes 50 years of age and older – male and female – will compete for the Gold, Silver, and Bronze in various age categories ranging from: 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84; 85-89; and 90+. The Olympic Games include sporting competition in Archery, Basketball (foul shooting and '3 on 3'), Billiards, Bocce, Bowling, Cycling, Darts, Golf, Horseshoes, Racquetball, Softball, Swimming, Tennis, and Track & Field events. The New Jersey Senior Olympics is part of the National Senior Games Association which sponsors alternate year national Senior Olympic games at venues across the country.

The officials noted that senior athletes must register to compete in the various sporting events, games and competitions. To register or to obtain more information about the New Jersey Senior Olympic games contact the New Jersey Senior Olympics at 973-618-1111 or log-on to www.njso.us. The deadline for registration is August 3, 2007.

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