



**STRENGTH
IN NUMBERS**



**WOODBIDGE
COMMUNITY CENTER**

LES MILLS

LAUNCH PARTY

Saturday October 6th

**LES MILLS
BODYCOMBAT**

9:00 AM - Roller Arena

**LES MILLS
BODYPUMP**

10:00 AM - Roller Arena

**NEW LES MILLS
BODYFLOW**

10:30 AM - Studio B

**NEW LES MILLS
VIRTUAL**

11:00 AM - Studio A
The TRIP

FREE EVENT OPEN TO MEMBERS & NON MEMBERS

