

**FIVE BRANCHES  
SENIOR CENTER**

1 Brown Ave, Iselin  
New Jersey 08850



John E. McCormac  
Mayor

# October 2018

Dennis M. Green  
Director of Health

Updated 10/1/2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b> 9:30am Chair Pilates 10:30am Active Silver 11:00am Knitting 1:00pm Scrabble</p> 	<p><b>2</b> 10:30am Zumba Gold 11:00am Rummikub 12:00pm Line Dancing 1:00pm Mahjongg</p> 	<p><b>3</b> 11:00am Scrabble 1:00pm Cards 1:30pm Chair Yoga</p> 	<p><b>4</b> 10:00am Zumba Gold 10:00am Chronic Illness (Multiservice) 1:00pm Bingo</p>  	<p><b>5</b> 10:00am Knitting 11:00am Active Silver 12:00pm Mahjongg</p> 
<p><b>8</b>  <b>CLOSED</b></p>	<p><b>9</b> 10:30am Zumba Gold 11:00am Rummikub 12:00pm Line Dancing 1:00pm Mahjongg</p> 	<p><b>10</b> <u>Sycamore Luncheon</u> <u>12-3</u> <b>All activities cancelled</b></p>	<p><b>11</b> 10:00am Zumba Gold 10:00am Chronic Illness (Multiservice) 1:00pm Bingo</p> 	<p><b>12</b> 10:00am Knitting 11:00am Active Silver 12:00pm Mahjongg</p> 
<p><b>15</b> 9:30am Chair Pilates 10:30am Active Silver 11:00am Knitting 1:00pm Scrabble</p> 	<p><b>16</b> 10:30am Zumba Gold 11:00am Rummikub 12:00pm Line Dancing 1:00pm Mahjongg</p> 	<p><b>17</b>  <b>Halloween Party</b> <b>12-3pm</b></p>	<p><b>18</b> 10:00am Zumba Gold 10:00am Chronic Illness (Multiservice) 1:00pm Bingo</p>  	<p><b>19</b> 9:30am Chair Core Strength 10:00am Knitting 11:00am Active Silver 12:00pm Mahjongg <b>12:30pm "Movie Day"</b> <b>"The Age of Adeline"</b></p> 
<p><b>22</b> 9:30am Chair Pilates 10:30am Active Silver 11:00am Knitting 1:00pm Scrabble</p> 	<p><b>23</b> 10:30am Zumba Gold 11:00am Rummikub 12:00pm Line Dancing 1:00pm Mahjongg</p>	<p><b>24</b> 11:00am Scrabble 1:00pm Cards 1:30pm Chair Yoga</p>  	<p><b>25</b> 10:00am Zumba Gold 10:00am Chronic Illness (Multiservice) 1:00pm Bingo</p> 	<p><b>26</b> 9:30am Chair Core Strength 10:00am Knitting 11:00am Active Silver 12:00pm Mahjongg</p>  
<p><b>29</b> 9:30am Chair Pilates 10:30am Active Silver 11:00am Knitting 1:00pm Scrabble</p>  	<p><b>30</b> 10:30am Zumba Gold 11:00am Rummikub <b>11:00am Slips &amp; Falls (Multiservice)</b> 12:00pm Line Dancing 1:00pm Mahjongg</p>	<p><b>31</b> 11:00am Scrabble 1:00pm Cards 1:30pm Chair Yoga</p>    	<p>Mayor John E. McCormac <b>Township of Woodbridge</b> <b>Senior Transportation Service</b></p>  <p><b>732-726-2394</b></p>	