



# 2018

## Senior Olympics

On Fields & Facilities in and around  
Woodbridge Township

September 7,8,9

Presented by the New Jersey  
Senior Olympic Committee in  
partnership with the Township  
of Woodbridge.

Mayor John E. McCormac



Horizon Blue Cross Blue Shield of New Jersey

**Register by Aug 29, 2018 • [njseniorolympics.com](http://njseniorolympics.com)**

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# 2018 New Jersey Senior Olympics



## **Mayor:**

John E. McCormac

## **Municipal Council**

### **Council President:**

Debbie Meehan (Fifth Ward)

### **Council Vice-President:**

Cory S. Spillar (Third Ward)

### **Council Members:**

Nancy Drumm, First Ward

Howie Bauer, Second Ward

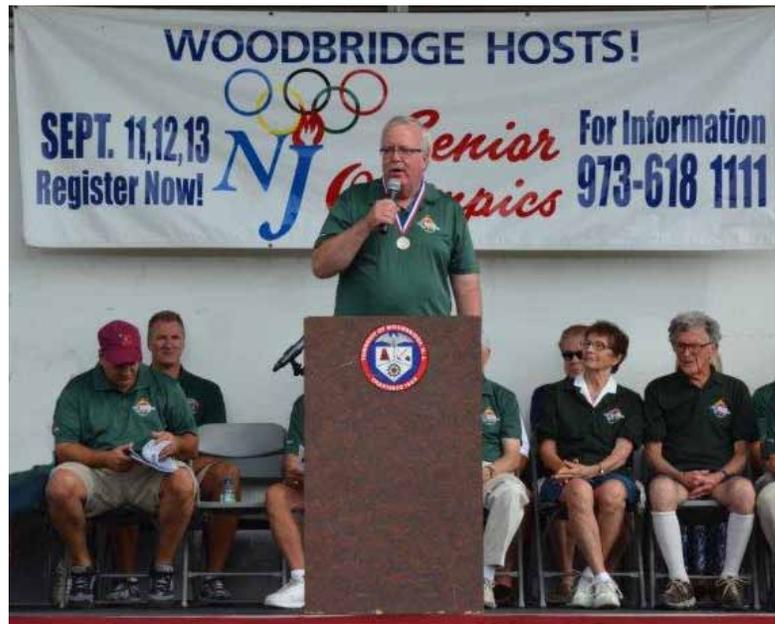
Virbhadra N. Patel, Fourth Ward

Kyle Anderson, At-Large

Brian F. Small, At-Large

Gregg M. Ficarra, At-Large

Lizbeth DeJesus, At-Large



## **Greetings To New Jersey Senior Athletes:**

Woodbridge Township is proud to host the **New Jersey Senior Olympic Games** for the 12th consecutive year. On September 7, 8 and 9, 2018, more than 1,500 Senior Olympians from throughout New Jersey will again visit Woodbridge Township to participate in the three-day Olympic competition.

New Jersey Senior Olympians will find world-class competition venues, sport and athletic facilities – including the Woodbridge Community Center (WCC), The Club at Woodbridge, and newly upgraded Woodbridge High School running track and event fields – all of which make Woodbridge Township the ideal location for the senior games.

The Woodbridge Community Center stands as a multi-purpose recreational and sporting facility with a full-size gymnasium, Olympic-size swimming pool, roller skating rink, NHL-size ice skating and hockey rink, wellness center, walking track, meeting rooms and recreational and lounge areas. Senior athletes will also make use of county and municipal parks and private sports venue facilities, including the Woodbridge Bowling Center and Colonia Country Club.

After the daily competition, I encourage our Senior athletes, spectators, families and friends to enjoy an evening in Woodbridge. Explore Main Street and our other downtown districts where you will find the best Buy Local shopping and dining in the region.

On behalf of Woodbridge Township, the Municipal Council, the 2018 New Jersey Senior Olympic Committee, and the many Woodbridge Township sponsors and volunteers, I offer a most sincere welcome to each and every Senior athlete and extend best wishes for much success as you compete for the Gold, Silver and Bronze in the 2018 New Jersey Senior Olympics. Let the games begin...

Best Regards,

Mayor  
Woodbridge Township



**Friday, September 7**

Check In (Woodbridge CC).....	10 am- Noon
Billiards (Woodbridge CC Age Groups 70+).....	Noon
Bowling (Woodbridge Bowling Center).....	Squad times are at 10 am, Noon & 2 pm
Miniature Golf (Woodbridge CC).....	10am - Noon
Tennis (Club at Woodbridge) participants will be called with draw times after 9/3.....	9 am
Bocce (Woodbridge CC, Age Groups 70+ Singles, Doubles Competition).....	9:00am
Pickleball (Warren Park).....	8:30 am





## Saturday, September 8

Check In (Woodbridge CC).....	8 am-5 pm
Opening Ceremonies (Woodbridge CC).....	10 am
Fencing (Woodbridge HS).....	8:30 am
Basketball Accuracy & Foul Shooting (Woodbridge CC).....	11 am
Billiards (Woodbridge CC, Age Groups 50-69).....	Noon
Bocce (Woodbridge CC, Age Group 50-69 Singles, Doubles).....	11 am
Bowling (Woodbridge Bowling Center).....	Squad times at 10 am, Noon & 2 pm
Horseshoes (Woodbridge CC).....	11 am
Pickleball (Warren Park).....	8:30 am
Racquetball (Club at Woodbridge).....	11 am-5pm
Swimming (Woodbridge CC).....	Warm-up: 1pm, Meet: 2pm
Table Tennis (Woodbridge HS).....	11 am
Tennis (Club at Woodbridge).....	9am-5pm
Team Softball (Warren Park).....	10 am
Track & Field (Woodbridge HS).....	11 am
Volleyball (John F Kennedy Memorial HS).....	9 am-5pm

**Claim Your FREE 2018 NJSO SHIRT at the Community Center when you register.**

## Sunday, September 9

Check In (Woodbridge CC).....	8 am-2 pm
Basketball 3 on 3 (Woodbridge CC or Woodbridge HS).....	9 am
Bocce (Woodbridge CC, 50-69 Singles, Doubles, If Needed).....	10 am
Cornhole (Woodbridge CC) .....	9am -5pm
Cycling (Woodbridge Center Mall, Boscov's Lot).....	8 am- 11 am
Darts (Woodbridge CC).....	10 am
Miniature Golf (Woodbridge CC).....	9 am - Noon
Pickleball (Warren Park).....	8:30 am
Swimming (Woodbridge CC).....	Warm-up: Noon, Meet: 1 pm
Team Softball (Warren Park).....	10 am
Tennis (Club at Woodbridge also WHS).....	9 am - 5 pm
Volleyball (John F Kennedy Memorial HS).....	9 am

## Other Event Dates

Archery.....Sunday, 8/5, 10 am, Brookdale Park, Bloomfield  
 Golf ages 50+.....Monday, 10/1, Colonia Country Club, Colonia



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### Eligibility:

NJ residents and out-of-state athletes who are age 50 and over as of 12/31/18.

### Competitive Categories:

Male & female competition groups in all events. The age divisions: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, & 90+.

### Equipment:

All participants must supply their own equipment unless otherwise specified in event description.

### Registration/Deadline:

Enter by August 29, 2018

**New Jersey Senior Olympics/GSG**  
**P.O. Box 271**  
**Caldwell, NJ 07006**  
**973-618-1111 or njseniorolympics.com**

**Athletes may enter as many events as they like but it is the athlete's responsibility to enter events that do not overlap in time. It is not the responsibility of the NJSO to wait for athletes who are late for their competition. Participants must check in at the Registration Area sometime throughout the weekend.**

**No alcoholic beverages** in any venue.

**Rain:** In the event of rain, events will proceed as scheduled, unless it becomes necessary to move or cancel them.

**Costs:** Some events have fees additional to the general registration fee of \$30. Your initial registration fee covers entry to 3 events. **If participants of Golf and Softball Teams wish to enter any other event, they must pay the \$30 general registration fee.**

**Awards:** Gold, Silver, and Bronze medals awarded in each age/ sex category.

**General Registration:** \$30 (For 3 events)

**Special Events:** (No general registration fee required) Each additional event: \$10 (after first 3 events.) Golf: \$150 (Includes cart) Softball Team Entry: \$175.

**WE ENCOURAGE YOU  
TO REGISTER ONLINE:**

**[www.njseniorolympics.com](http://www.njseniorolympics.com)**

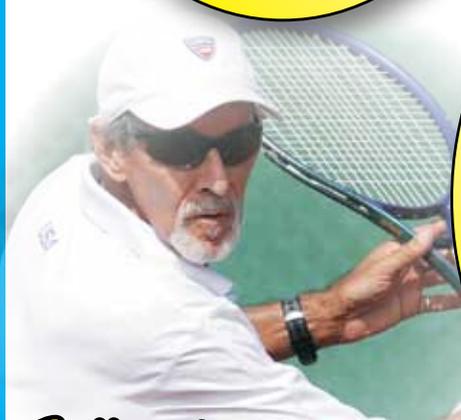
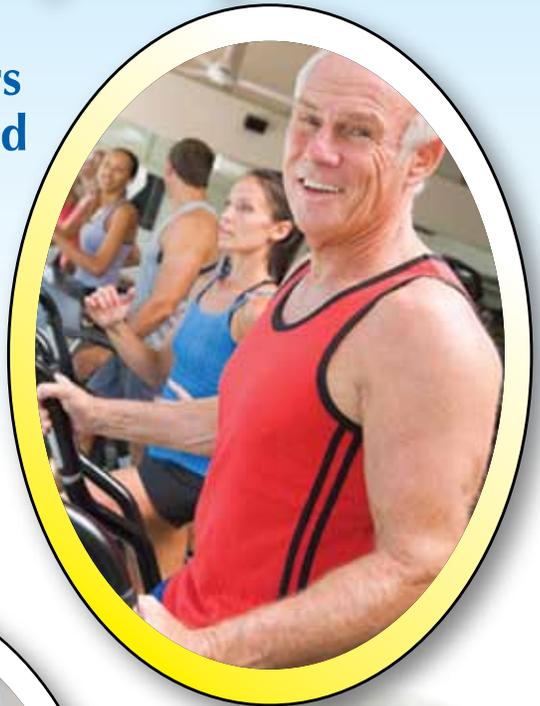
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[www.theclub.org](http://www.theclub.org)

**Archery**  
Ralph Eckel

**Basketball Foul  
Shooting/Accuracy**  
Lisa & Courtney Dyer

**Basketball 3 on 3**  
Denis Dowd  
Carl Ling  
Jim McCloud  
Karen Brown

**Bocce**  
Michael Garamella

**Billiards**  
Joe Cafaro  
Steve Sharkey

**Bowling**  
Jeff Volker  
Lillian Holmes

**Cornhole**  
Ron Blackwell  
Wayne Collins

**Cycling**  
Vince Menci

**Darts**  
Dan Irizarry  
Emmanuel Tenorio

**Fencing**  
Gladys Barardi



**Golf**  
Michael Garamella  
Pat Trombetta  
Frank St. Marie

**Horseshoes**  
Dan Irizarry  
Emmanuel Tenorio

**Miniature Golf**  
Dan Swansboro

**Pickleball**  
John Delmasto  
John Neglia

**Racquetball**  
Glenn Stevenson

**Swimming**  
Ellen Mace

**Table Tennis**  
Judy Hugh

**Team Softball**  
Brian Molnar

**Tennis**  
Irma DeMarzo

**Track & Field**  
Tears Smith

**Volleyball**  
Debbie Oliver

**Operations Director**  
Kelly Irizarry

**Volunteer Coordinator**.....Megan Kushpa



**Special thanks to our Coordinators**

Without the efforts of these individuals, these games would not be possible

**Pat Trombetta • Frank St. Marie**

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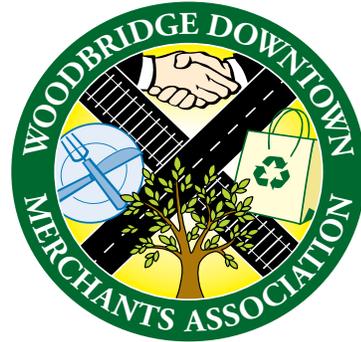
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# 2018 New Jersey Senior Olympics



### **Archery:**

Recurve compound and Barebow division. All divisions shoot a single 900 round on August 5, 2018 at Brookdale Park in Bloomfield, NJ. 9:30 Practice, 10 am Start. NO WALK ON ENTRIES, pre-registered only. Deadline August 3, 2018.

### **Basketball:**

Balls are provided for all Basketball events.  
\* For Women's Basketball contact Karen Brown 732-690-5188

### **Basketball Accuracy Shooting:**

Most baskets made from (5) specified locations.

### **Basketball Foul Shooting:**

Best of 20 free throw shots.



### **3-on-3 Basketball:**

Half court competition, NCAA tournament rules. ENTER AS TEAMS - NO INDIVIDUAL APPLICATIONS ACCEPTED. Uniforms with numbers required. Single sex teams with max 9 members. Age divisions determined by age of youngest member. Send applications with a team roster and name of team representative. NO ROSTER CHANGES AFTER AUGUST 31.

### **Billiards:**

An eight ball tournament will be held in each age/sex division. Tournament directors may combine divisions if necessary. Four 8-foot & 1 9-foot tables will be used. Personal use sticks must be used. Tournament will follow Woodbridge Senior Club rules. For a set of rules, contact Steve Sharkey at 908-380-3619.

### **Volleyball:**

MENS & WOMENS Team competition at John F Kennedy Memorial HS on September 8th & 9th. \$30 per person. Please enter as a team. For more information please contact Chairperson- Debbie Oliver at 973-951-7273 or e-mail her at [imatotalrec@gmail.com](mailto:imatotalrec@gmail.com)





**Bocce:**

A team can consist of a single player and or a team of two called Doubles. Doubles can be two men, two women or one of each. The first team to reach 10 points will be declared the winner. This is a single elimination tournament. There will be competition in each age division, and equipment will be provided.



**Track & Field:** A variety of events are staged on Sept. 8. All events are held on the track at Woodbridge High School on Amboy Ave. Events include 1500M Race walk, 50M Dash, 100M Dash, 800M Dash, 200M Dash, 400M Run, 1500M Run, Long Jump, Triple Jump, Discus, Javelin and Shot Put. Runners must provide starting blocks, if desired. Please refer to the website for times and order of events.

The NJSO provides each athlete a **FREE COLLARED SHIRT**. Claim yours at the **Community Center** when you register, and wear it with pride all year!

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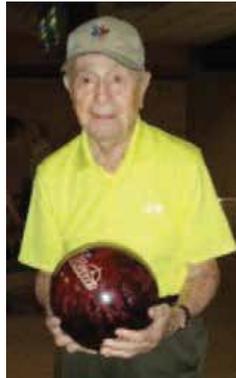
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# 2018 New Jersey Senior Olympics



## Bowling:

At Woodbridge Bowling Center, squads are on 9/7 and 9/8 at 10 AM, Noon, or 2 PM. An entrant may bowl once in singles and once in doubles. For the doubles, age classification shall be of the youngest partner. Contestants previously entered in the bowling event may re-enter on site in another squad based on lane availability. Bowlers must pay the bowling center a \$6 lineage fee prior to each squad in which they participate. Certified with the US Bowling Congress (USBC) each contestant must have a current membership card or receipt for the 2018-2019 season. Bowlers without a card may purchase a membership card on site. Men's fee is \$20, women's \$21. This will entitle the purchaser for full membership in USBC for other leagues, tournaments and any awards that are earned. You may also purchase a USBC participation fee for \$5. This only entitles the



purchaser to use this card for this tournament only and the individual would not be entitled to any awards issued by USBC. **NO ONSITE REGISTRATION WILL BE ACCEPTED.**

## Cycling:

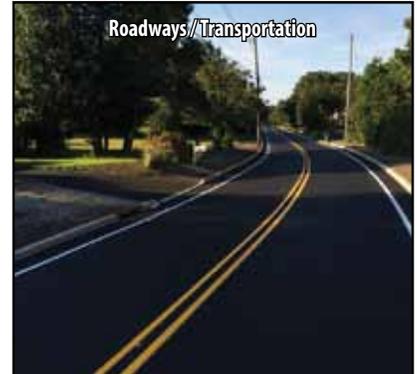
Staged on Sunday, September 9 with an 8am start, this is a USCF Permit Event on a flat paved course located in Woodbridge Center Mall, with a start near Boscov's. Pick up number at 7:15 am. Riders must have USA Cycling racing license and sign entry form/release. One day license is \$10 in addition to registration. Registration on race day add \$10. **HELMETS ARE MANDATORY.**

## Criterion events:

40K	24.8 Miles	41 Laps
20K	12.4 Miles	21 Laps
10K	6.2 Miles	11 Laps
5K	3.1 Miles	4 Laps

Age Groups: • 50-54 • 55-59 • 60-64 • 65-69 • 70-74 • 75-79 • 80+

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# 2018 New Jersey Senior Olympics

## Sports Info

### Horseshoes:

Single elimination for each age/sex division in tournament style at Woodbridge Community Center.

### Darts:

Players will play baseball, nine innings, single elimination tournament at Woodbridge Community Center.

### Fencing:

Fencing is at Woodbridge HS Gym. Each year brings more competitors as current 50+ USA Team members have attended as they warm up for world championships. This is a NJUSFA Sanctioned Tournament. Close of check in times:

Men's & Women's Foil	Sat. 9/8	8:30AM
Men's & Women's Sabre	Sat. 9/8	10:30AM
Men's & Women's Epee	Sat. 9/8	12:30PM

For fencing information contact Gladys Barardi at [fencingfam@aol.com](mailto:fencingfam@aol.com).

**REGISTER ONLINE:**  
[www.njseniorolympics.com](http://www.njseniorolympics.com)



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### Congratulations

To all of the Olympians participating in the Senior Olympic Games, and to our host Woodbridge Township.

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### **Miniature Golf:**

18-hole stroke-play tournament on the Skyline Mini-Golf Course at The Arenas at Woodbridge Community Center. This is a singles competition with lowest cumulative stroke.

**Posted course rules will apply.**

### **Racquetball:**

Doubles & Singles competition. A single tournament will be held in each age / sex division.

Location: Club at Woodbridge.

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### **Tennis:**

Singles, doubles and mixed doubles at The Club at Woodbridge & Woodbridge High School on Sept. 7-9. Participants may only enter 2 out of 3 events offered. Age divisions for doubles and mixed doubles will be determined by the age of the youngest player. Preliminary rounds of eight (8) game pro-set, no-ad scoring. Finals are best of three sets, with regular scoring (or at discretion of tournament director). List doubles partners in Special Remarks of application. Participants must supply new tennis balls for each game. Participants must have a partner for doubles/ mixed doubles and list names.

### **Swimming:**

25-yard pool. Diving starts permissible. Bathing cap required. Four (4) events per day limit.

\*Please contact Ellen Mace at 609-558-0988 with questions. See application on page 31 for day to day schedule of events.

Location: Woodbridge Community Center.

Dates: September 8th and 9th

### **Table Tennis:**

Singles, doubles and mixed doubles are held at 11 am on Saturday, September 8 at Woodbridge High School. Participants may only enter 2 out of 3 events offered. Age divisions for doubles and mixed doubles will be determined by the age of the youngest player. **No late entries will be accepted.**



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# 2018 MAYOR'S SUMMER CONCERT SERIES

**Mayor  
John E. McCormac**

## Golden Oldies Monday 7:30 PM ON THE LAWN AT WOODBRIDGE HIGH SCHOOL



June 25  
**The Duprees**



July 2  
**The Capris**



July 9  
**The Happenings**



July 16  
**Stan Zitzka's Del Safins**



July 23  
**The Cameos**



July 30  
**Larry Chance & the Earls**



August 6  
**Jay Steael and the Tokens**



August 13  
**Joey Armitino and The Family Oldies Show**



August 20  
**New York Bee Gees**

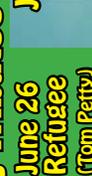


August 27  
**The Infernos**

## Tuesday Tributes 7:30 PM ON THE LAWN AT WOODBRIDGE HIGH SCHOOL



July 3  
**Alvin Williams Park Music by AM Gold**



July 10  
**Fireworks! Guthrie Bros. (Simon and Garfunkel)**



August 14  
**Riders on the Storm (Doors)**



August 7  
**Broken Arrow (Neil Young)**



July 24  
**Starman (David Bowie)**



July 17  
**Best of the Eagles**



August 21  
**The British Invasion**



August 28  
**B-Street Band (Springsteen)**

## Woodbridge Wednesday



June 27  
**Susan Werner**



July 11  
**Charley Crockett**



July 18  
**The Cordovas**



July 25  
**Anderson Council The Big Takeover**



Aug 1  
**The Mulligan Brothers Ryanhood**



Aug 8  
**M Shanefai and Incendio**



Aug 15  
**Zac Harmon**



Aug 22  
**Banda Magda**



August 29  
**Kenny White Willie Nile**



September 5  
**Denise Reis Trio/Karikatura**



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## 7:30 PM PARKER PRESS PARK



## Local Band Thursday



June 28  
**One Last Shot**



July 5  
**Kickback Band**



July 12  
**Brandwine Road**



July 19  
**9 South**



July 26  
**Blame it On Richie**



August 2  
**City Hicks**



August 9  
**Smoke & Mirrors**



August 16  
**Revolver**



August 23  
**Seven Stone**



August 30  
**Marty and the Martians**



September 6  
**Moonlight Mile**



**CONCERT HOTLINE**  
732-602-6045  
Across From Woodbridge Train Station

## Country Sunday



June 24  
**Front Country**



July 1  
**Michela Arne**



July 8  
**Amy Helm**



July 15  
**Radney Foster**



July 22  
**Cash is King**



July 29  
**Swainneen & Kelli and Maybe April**



August 5  
**Christian Lopez**



August 12  
**"THE BAND" tribute**



August 19  
**Zac Brown Tribute**



August 26  
**Paul Barrere & Fred Taubert of Little Feat**

## 6:00 PM PARKER PRESS PARK

Please bring a non-perishable food item to help us restock our food pantries



July 13  
**Danny Nixon Quartet w/ Antoinette Monhaegre**



August 10  
**Mike Stern**



September 14  
**Charley Hunter Trio**



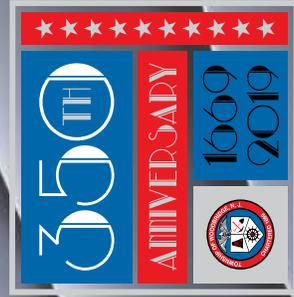
7:30PM **ERIC LeGRANDE PARK IN AVENEL STATION VILLAGE**

FOR MORE INFO [www.twp.woodbridge.nj.us](http://www.twp.woodbridge.nj.us)

# 2018 Woodbridge Events and Happenings 2018

June 1	350th Sesquicentennial Gala at the WCC
June 9	6:00-12:00AM Woodbridge Community Center Relay For Life
June 16	1:00 Woodbridge High School Mayor's Fluke Tournament
June 18	6:00 am Sawarens Boat Launch Evening With Elvis-A Special Mayor's Concert Performance 7:30 Parker Press Park Summerfest Kickoff featuring The Nerds
June 20	5:30 - 9:30 Woodbridge High School Downtown Cruise Car Show
June 20	6:00-9:00 Main Street
June 27	Farmer's Market 3:00-8:30 Parker Press Park
July 3	Fireworks Spectacular 4:00-10:00PM Alvin P. Williams Park Sawarens
July 11	July 5th rain date stage Pizza Run
July 14	5:30-8:00PM Alvin P. Williams Park Sawarens Outdoor Flea Market
July 18	9:00-12:00 Barron Arts Center Downtown Cruise Car Show
July 19	6:00-9:00 Main Street Snapple Bowl
July 20, 21, 27, 28	4:30 Woodbridge High School WCP presents Little Shop of Horrors
July 22	7:30 The Theater at Woodbridge Middle School WCP presents Little Shop of Horrors
August 7	2:00 The Theater at Woodbridge Middle School "The Earth Speaks" Artist Reception
August 12	7:00 Barron Arts Center Indian Business Assn. - India Day Parade
August 15	2:00 Oak Tree Road (Wood Ave-Middlesex Ave) Downtown Cruise Car Show
August 19	6:00-9:00 Main Street Pakistani Day Parade
September 2	1:30 Oak Tree Road Crossroads Race
September 7-9	7:00 Race 9:00 Start/Finish Alvin Williams Park Senior Olympics
September 11	Woodbridge Community Center A Township Remembers 9-11 Interfaith Memorial Service
September 15	6:00 Woodbridge Municipal Building St. James Street Fair
September 22	10:00-5:00 Main Street Woodbridge Central Jersey Beer Festival
September 23	1:00-5:00 Parker Press 3rd Annual Rebuilding Warriors Concert
September 29	12:00-5:00 Moby Dick's National Public Lands Day 9:00-2:00

September 29	Barron Arts Center Literary Festival
September 30	2:00 Woodbridge Middle School Hispanic Heritage Festival
September 30	12:00-4:00 Parker Press Tour D'Woodbridge Bike Tour
October 6	7:30AM The Club at Woodbridge Frank Gagnon Fishing Derby
October 7	9:00-11:00 N. Park Drive Columbus Day Ceremony
October 7	10:00 Woodbridge Municipal Building 9th Annual Colombia Pride Parade
October 13	1:30 Inman Ave Barronfest
October 13	12:00 Parker Press Park Ghost Walk Stageshow
October 17	7:00 Woodbridge Middle School Pumpkin Painting
October 18	4:00-6:00 Parker Press Stuff Your Own Scarecrow
October 20	4:00-6:00 Parker Press Port Reading Day
October 20	12:00-4:00 Port Reading School #9 Zombie Walk and Ghost Walk
October 25	5:30-9:00 Parker Press Taste of Woodbridge
October 25	6:00-9:00 Woodbridge Community Center Halloween Hayrides
October 27	6:30-8:30 Parker Press Paranormal Halloween
October 28	Barron Arts Center Trunk or Treat and Drive-In Movie
November 11	1:00-3:30 5:30-8:00 Woodbridge Community Center Veteran Day Parade
November 24	1:30-3:30 Main Street Jinglebell Run
November 24	10:00 Sawarens Park This Ain't No Oz Holiday Play
November 24	2:00 Downtown Main Street Holiday Stroll
November 30	4:00-6:30 Downtown Main Street Woodbridge Township Tree Lighting
December 2	5:00 Barron Arts Center Holiday Parade
December 7	1:30-4:00 Main Street Barron Arts Center Holiday Concert
December 8	7:30 Woodbridge Middle School Gingerbread Cookie Decorating
December 15	11:00-1:00 Parker Press Pictures with Santa
December 15	10:00-11:30 Parker Press



Please bring a non-perishable food item to help us restock our food pantries

**JOHN E. MCCORMAC, MAYOR**

## **THE PICKLEBALL TOURNAMENT, 2018 NEW JERSEY SENIOR OLYMPICS**

Men's Doubles, Women's Doubles, Mixed Doubles, and Singles at Warren Park on Sept. 7th, 8th and 9th. Sunday, September 9th will primarily be a rain date in the event of delays, etc. Groups: 50-54; 55-59; 60-64, etc., determined by player's age as of 12/31/2018.

All age groups play on Friday and Saturday (and Sunday as a rain date). Men's and Women's Doubles play on Friday, Sept. 7th (6-8 hours), 8:30 am start. Mixed Doubles will play on Saturday, Sept. 8th (6-8 hours) 8:30 am start. The starting times for Singles matches are approximately 2 to 4 pm. Men's Singles and Women's Singles matches will start on Friday and conclude on Saturday if needed. These start times are approximate and contingent upon weather conditions.

**Participants may only enter 2 of the 4 Pickleball events offered.**

**Age bracket grouping will be determined by the tournament director.**

All players in Doubles brackets will play games to 15, win by 1. Players in Singles brackets will play games to 11, win by 1. All players in brackets of 5 or more will play Double Elimination. Players in brackets of 4 or fewer will play Round Robin.

Players in brackets of 4 or more teams will play one game per round, while players in brackets of 2 or 3 will need to win 2 out of 3 games.

Registration can be done on-line at <http://www.njseniorolympics.com>, or if you have the NJ 2018 Senior Olympics booklet, you may submit the REGISTRATION APPLICATION and RELEASE/WAIVER via mail.

**No USAPA registration required this year**

You may also register via phone. Call John Neglia, 908.347.1684. Make sure you have all required fields before you call. The required fields can be found in the NJSO Senior Olympics booklet, last page, and at [njseniorolympics.com](http://njseniorolympics.com). If you are registering in a doubles event, you must have all information on your doubles partner prior to registering. The pickleball tournament directors



are not responsible for finding you a partner.

**All participants will be expected to act as score keepers/referees at some time during the tournament.**

We will be using the Onix Pure 2 ball for the tournament.

The Tournament directors reserve the right to modify the format to accommodate unexpected issues such as bad weather.

If you have any questions call one of the co-directors: John Del Mastro at 609.235.9009 or John Neglia at 908.347.1684

**Pickleball Committee:** Mel Nudelman, 609.371.0166, Joel Greenberg, 732.770.8118, Barry Panson, 908.812.2662, David Kerstein 201.400.0190, Karin Rentschler 609.259.3890, George Cheah 201.785.6526

Past Directors: Frank Nobile, Ed Nadelman

## **Golf:**

Low score wins. Foursomes will be assigned. Golfers must supply clubs. Carts must be used. Cost of \$150 includes cart on October 1st at the Colonia Country Club, 300 Colonia Boulevard Colonia, N.J. 07067 or call 732-381-9500. Registration and Breakfast is at 8 am with a shotgun start at 9 am. Lunch will be served after golf. A Dress Code is enforced at the Colonia Country Club. Prohibited are tank tops, halter tops, tee shirts, cutoffs, sweat pants, denim jeans of any color, athletic shorts or tops, metal spikes. Cargo pants are not permitted. Collared shirts must be tucked in at all times. (Registration for golf is first come first serve. Max: 100 players.)



**New Olympic Medals**

## **Softball:**

Team Competition at Warren Park on Saturday / Sunday. Captains will be called with draws after August 31st . Tournament held in the following age division: 50+, 55+, 60+, 65+. ENTER AS TEAMS ONLY. NO INDIVIDUAL APPLICATIONS ACCEPTED. Seven inning games. Single sex teams with max of 18 players. Age division will be determined by the age of the youngest team member. For info: Brian Molnar at 732-596-4045.

**WE ENCOURAGE YOU  
TO REGISTER ONLINE:  
[www.njseniorolympics.com](http://www.njseniorolympics.com)**

## **Cornhole:**

Cornhole is the most popular bag toss game in the United States. A team can consist of a single player and or a team of two called Doubles. Doubles can be two men, two women or one of each. This is a single elimination tournament. There will be competition in each age division, and equipment will be provided.

### **1 - Layout**

A Cornhole court is a rectangular area 8 ft wide and a minimum of 42 ft long. Each board is placed 24 ft away from the front of each board. Pitcher must remain in 4x3 ft pitcher area on either side of board while the tossing bags. Front edge of box acts as foul line.

### **2 - Pitching Distances**

Pro - 27ft

Amateur (casual) - 24ft \* This is what the Senior Olympics will be using.

We will be playing singles and doubles (male or female).

Scoring is first to 21 or 13-0 shutout.

Cancellation scoring.

Example: You get 9 and I get 7, you get 2 points.



## **All Roads Lead to Woodbridge**

### **To Woodbridge Community Center**

**GSP North:** Exit 127 to Rt. 9 North. Bear right at the Speedway Gas Station to take the Rt. 514 exit and make a left onto Main St. (Rt. 514 West). Third light, right into CC.

**GSP South:** Take exit 130 to Rt. 1 North, take Rt. 1 for a half mile. Take a right onto Woodbridge Center Dr. Fourth light, right onto Main St. (Rt. 514 West). Right at next light into CC.

**NJ Turnpike:** Take exit 10. Bear left and follow signs for Rt. 287 North, but do not take Rt. 287. Take exit on the right for Rt. 514 East (Woodbridge/Fords). Go 7 traffic lights, then take left at Antares Dr. to enter the CC.

**Rt. 287:** Take 287 South, past the Turnpike. Take exit on right for Rt. 514 East (Woodbridge/Fords). Go through seven traffic lights, then turn left at Antares Dr.

### **To Woodbridge Center Mall**

**GSP South:** Take Exit 130 to Routh 1 North. Proceed on Route 1 North to entrance ahead on right.

**GSP North:** Take Exit 130 to Route 1 North. Proceed on Route 1 North to entrance on right.

**NJ Turnpike:** Exit 11, Route 9 North. First left past Miller's Ale House, then a left to Route 9 South and then to Center.

### **To Woodbridge Bowling Center**

**GSP North:** Exit 127 to Route 9 North to Main St. (514 W), right after overpass into bowling center.

**GSP South:** Exit 129 to Route 9 North, follow above.

### **The Club @ Woodbridge**

Diagonally across from Woodbridge CC.

### **To Woodbridge HS**

**GSP North:** Exit 127 to Rt. 9 North to Rt. 35 South left third light.

### **To Warren Park from Community Center**

From the Community Center make left onto Main St. Continue on Main St. to Amboy Ave. and that is Route 35 South. Fourth traffic light make right and stay on Route 35 South to Florida Grove Rd. Take fourth light and turn right and Warren Park is on right.

**From NJTP Exit 10:** Route 287 East toward Outerbridge Crossing to Rt. 35 North. Left on Florida Grove Rd. Park is on right.

### **To Colonia Country Club, Colonia**

Colonia Country Club is at 300 Colonia Boulevard, Colonia, N.J. 07067. The Main phone number is 732-381-9500.

**GSP North or South:** Exit 131, left at light onto Rt. 27N. Continue to New Dover Road. Turn left onto service road immediately adjacent to overpass. At stop sign, turn right onto New Dover. Take second right onto Colonia Blvd, Follow to Club entrance.

**NJ TPK North - Exit 11.** After toll take GSP North to Exit 131. (Follow directions from above).

**NJ TPK South - Exit 13.** Follow signs for Linden onto Rt. 1 south. At 3rd traffic signal turn right onto Milton Ave. Turn left onto St. George's Avenue and follow to Colonia Blvd at railroad overpass.

## Directions

### All Roads Lead to Woodbridge

#### To JFK High School (Volleyball)

##### **GSP North & South**

Exit 132 to Rt. 27. Make left at light on to Rt.27. Proceed to Green St. and make a Right. Proceed on Green St. to Chain-O-Hills Rd. and make a Left.

Proceed on Chain-O-Hills to Washington St. and make a Right to JFK High School.

#### To Brookdale Park (Archery)

Follow Garden State Parkway to Watchung Ave in Bloomfield.

Take exit 151 from Garden State Pkwy

Turn left onto Watchung Ave

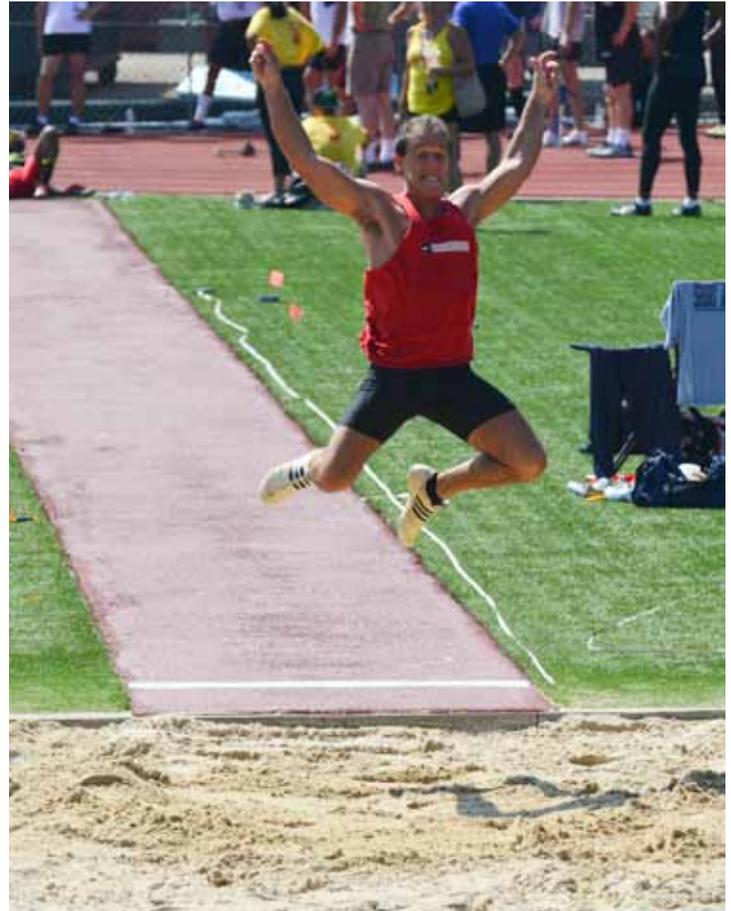
Sharp right onto Broad St

Turn left to stay on Broad St

Turn left onto Bellevue Ave

Turn left onto W Circuit Dr

Turn left - Destination will be on the left



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# Woodbridge Center

(Sponsor of the Cycling event)

is proud to salute the

## 2018 New Jersey Senior Olympics

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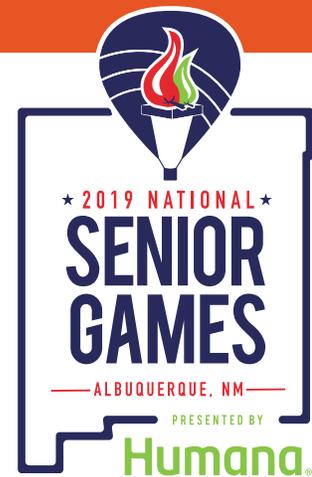


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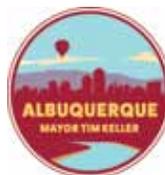
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[SeniorGames@NSGA.com](mailto:SeniorGames@NSGA.com)

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23rd Annual  
**Woodbridge  
CROSSROADS  
of NEW JERSEY**



• 5K RACE • 10K RACE  
• MAYOR'S FUN RUN  
Sunday Morning, Sept. 2nd, 2018

*Hosted By*

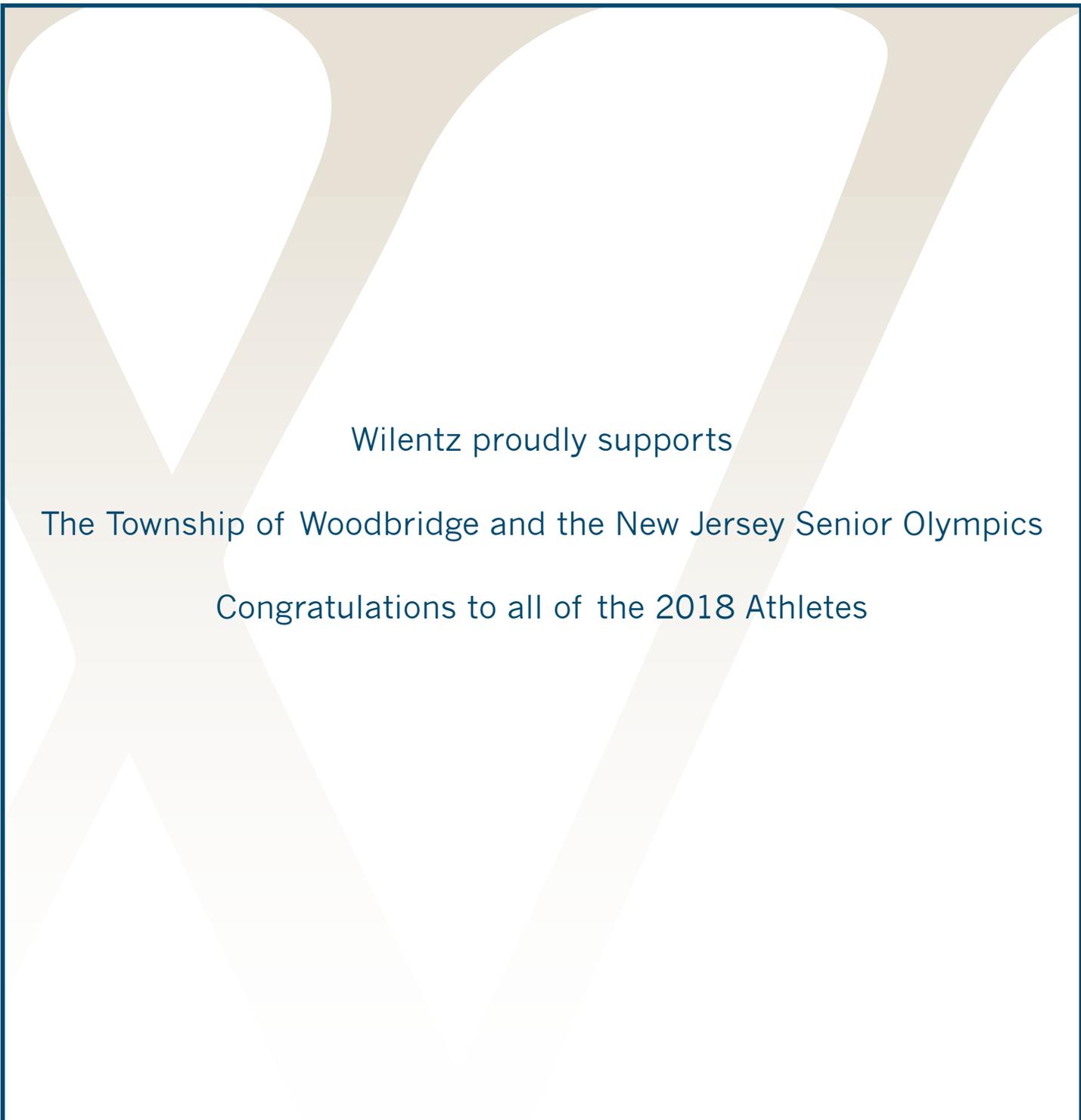
Mayor John E. McCormac  
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and  
The Club at Woodbridge



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### Lollipop Races

Children up to age 10 are invited to run in one of many lollipop races in their respective age groups. All participants are winners and receive lollipop prizes as parents and friends await runners at the finish line. Medals and lollipops to all finishers.



Wilentz proudly supports

The Township of Woodbridge and the New Jersey Senior Olympics

Congratulations to all of the 2018 Athletes

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**NEW JERSEY SENIOR OLYMPICS**  
**2018 REGISTRATION APPLICATION**  
**SEPTEMBER 7<sup>th</sup> – 9<sup>th</sup>**  
**ONLINE REGISTRATION (recommended) at:**  
[www.njseniorolympics.com](http://www.njseniorolympics.com)

Checks/Money  
 Orders Payable To:  
**NJSO/GSG**  
 P.O. Box 271  
 Caldwell, NJ 07006

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ M.I. \_\_\_\_\_  
 Street Address \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 Area Code & Tel: \_\_\_\_\_ County: \_\_\_\_\_  
 Sex: M or F (circle one) Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_  
 Emergency Contact: \_\_\_\_\_ Emergency Number: \_\_\_\_\_  
 E-mail Address: \_\_\_\_\_

*List any special needs or any medication you are taking & attach it to this form*

**SPORTS & EVENTS SELECTION:**

**ARCHERY (8/5)**

**BASKETBALL (9/8) & (9/9 – Team):**  
 Accuracy Shooting   
 Foul Shooting   
 Three-on-Three  Team \_\_\_\_\_

**BILLIARDS (9/7 & 9/8)**

**BOCCE (9/7 & 9/8):**  
 Singles   
 Mixed Doubles  Partner \_\_\_\_\_

**BOWLING (9/7 & 9/8):**  
 Singles   
 Doubles  Partner \_\_\_\_\_  
 Mixed Doubles  Partner \_\_\_\_\_  
*Preferred Bowling Day & Time*

	Singles	Doubles	Mixed
Friday 10am	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Friday 12pm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Friday 2pm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Saturday 10am	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Saturday 12pm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Saturday 2pm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**CORNHOLE (9/9):**  
 Singles   
 Mixed Doubles  Partner \_\_\_\_\_

**CYCLING (9/9)**

**DARTS (9/9)**

**FENCING (9/8):**  
 Epee  Foil  Sabre

**HORSESHOES (9/8)**

**GOLF (10/1)**   
 Preferred Golf Playing Partners:  
 1. \_\_\_\_\_  
 2. \_\_\_\_\_  
 3. \_\_\_\_\_

**MINATURE GOLF (9/7 & 9/9)**  Friday  Sunday

**PICKLEBALL (9/7-9/9):**  
 Singles   
 Doubles  Partner \_\_\_\_\_  
 Mixed Doubles  Partner \_\_\_\_\_

**RACQUETBALL (9/8):**  
 Singles   
 Doubles  Partner \_\_\_\_\_  
 Mixed Doubles  Partner \_\_\_\_\_

**SOFTBALL (9/9)**  Team \_\_\_\_\_

**SWIMMING DAY 1 (9/8): USMS #:** \_\_\_\_\_  
 100 Freestyle  Time: \_\_\_\_\_  
 200 Breaststroke  Time: \_\_\_\_\_  
 100 Butterfly  Time: \_\_\_\_\_  
 50 Backstroke  Time: \_\_\_\_\_  
 50 Breaststroke  Time: \_\_\_\_\_  
 200 Backstroke  Time: \_\_\_\_\_  
 100 Ind. Medley  Time: \_\_\_\_\_  
 500 Freestyle  Time: \_\_\_\_\_

**SWIMMING DAY 2 (9/9):**  
 50 Freestyle  Time: \_\_\_\_\_  
 200 Butterfly  Time: \_\_\_\_\_  
 100 Backstroke  Time: \_\_\_\_\_  
 50 Butterfly  Time: \_\_\_\_\_  
 200 Freestyle  Time: \_\_\_\_\_  
 100 Breaststroke  Time: \_\_\_\_\_  
 200 Ind. Medley  Time: \_\_\_\_\_  
 400 Ind. Medley  Time: \_\_\_\_\_

**TABLE TENNIS (9/8):**

- Singles
- Doubles  Partner \_\_\_\_\_
- Mixed Doubles  Partner \_\_\_\_\_

**TENNIS (9/7-9/9):**

- Singles
- Doubles  Partner \_\_\_\_\_
- Mixed Doubles  Partner \_\_\_\_\_

**TRACK & FIELD (9/8):**

- 1500 Racewalk
- 100 M Dash
- 800 M Run  Discus
- 200 M Dash  Long Jump
- 1500 M Run  Triple Jump
- 400 M Run  Shot Put
- 50 M Dash  Javelin

**VOLLEYBALL (9/8 & 9/9)**  Team: \_\_\_\_\_

Registration Fee \$30 (for three (3) events):		\$ _____
Additional Events @ \$10 each		\$ _____
<i>Bowling \$6.00 lineage fee, to be paid at lanes</i>		
Special Events: **		
Golf \$150		\$ _____
Softball Team Entry \$175		\$ _____
Total Amount Enclosed:		\$ _____
Shirt Size:		_____

*\*\*No general registration fee required for Special Events participants. If participants of special events wish to enter any other event, they must pay the \$30.00 registration fee.*

*Be sure to read and sign waiver form below.\*\**

**RELEASE OF LIABILITY -- READ BEFORE SIGNING**

In consideration of being allowed to participate in any way with the New Jersey Senior Olympics "NJSO" / Garden State Games "GSG", its related events and activities, I, \_\_\_\_\_, the undersigned, acknowledge, appreciate, and agree that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Company immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS NJSO, GSG, their officers, officials, agents and/or employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used for the activity ("Releases"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property associated with my presence or participation, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

x \_\_\_\_\_

Date Signed: \_\_\_\_\_

**PARTICIPANT'S SIGNATURE**



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