

Senior Month Highlights, May 2018 ... For Woodbridge Township Residents Age 55+

◆ John E. McCormac, Mayor ◆
 Councilman Gregg Ficarra
 Senior Month Chair



*Evergreen events by RSVP
 only.
 732-726-6261
 732-726-6262



Please visit: www.twp.woodbridge.nj.us for detailed calendars for each of our Senior Centers, The Woodbridge Community Center, The Barron Arts Center, and the Woodbridge Public Library.	May 1 Senior Police Academy Medicare Workshop 6:30PM Main Library Registration Required	May 2 10:30 Music Enrichment 11:15 No Zumba Gold 12:00 Puzzles 3:00 Wii Bowling Evergreen Senior Center	May 3 1:00pm Woodbridge Senior Group Weekly Meeting Sycamore Senior Center	May 4 9am Silver Sneakers: Classic 10am Silver Sneakers: Circuit 11:30am Zumba Gold Toning 11:30am Silver Splash Woodbridge Community Center
SENIOR ART EXHIBITION OPENS MAY 5, CLOSING RECEPTION MAY 14 at 6PM at THE BARRON ARTS CENTER				
May 7 Monday Movie – Rogue One 2PM Henry Inman Library	May 8 Senior Police Academy EXPRESSIONS SEMINAR: Laughter Yoga 11AM Evergreen Center Pre-registration required: 732-726-6262	May 9 CARNIVAL LUNCHEON Sycamore Senior Center	May 10 EXPRESSIONS SEMINAR: Caregiving: Caring For You & Caring For Myself 11AM Evergreen Center Pre-registration required: 732-726-6262	May 11 Friday Movie - Beginners 2PM Main Library
May 14 Skin Cancer Screening at Woodbridge Health Dept. Limited to 16 participants 10am -1pm Appointment needed Call: 732-855-0600 Ex: 5024	May 15 Senior Police Academy Senior Art Exhibit Closing Reception 6PM Barron Arts Center	May 16 Mayor's Senior Wellness Summit 10AM Woodbridge Community Ctr WOODBRIDGE TOWNSHIP SUPPORT OUR TROOPS RALLY WEDNESDAY, MAY 16, 2018 6:00 P.M. GEORGE FREDERICK PLAZA	May 17 Atlantic City Trip 9AM Evergreen Senior Center Coffee and Bage Seminar Addiction Services: Pain Management 11AM Woodbridge Community Center	May 18 Coffee with Councilwoman Meehan 10AM Evergreen Senior Center iPad Lunch and Learn 1PM Main Library
May 21 AARP Defensive Driving Course 9AM Evergreen Senior Center Movie Day: The Intern 1PM Sycamore Senior Center	May 22 Senior Police Academy AARP Defensive Driving Course 9AM Evergreen Senior Center	May 24 10:00am Knitting/Crocheting 12pm Mahjongg 1:00pm Knitting/Crocheting Sycamore Senior Center	May 25 Friday Movie - Nebraska 2PM Main Library	May 29 Senior Police Academy Brown Bag Movie Every Tuesday@11AM! Woodbridge Community Center
May 28 	May 30 Long Term Health Care Meeting 2PM Main Library	May 31 9:00 Exercise 11:00 Sewing Group (Multi Service On Aging) 11:30 Zumba Gold Evergreen Senior Center	For Full Details on all programs go to: www.twp.woodbridge.nj.us	



Evergreen Senior Center
 732-726-6261
 Multi-Service
 732-726-6262
 Sycamore Senior Center
 732-726-7087
 Woodbridge Community Center
 732-596-4000