



2017

# Senior Olympics

On Fields & Facilities in and around  
Woodbridge Township

September 8,9,10

Presented by the New Jersey  
Senior Olympic Committee in  
partnership with the Township  
of Woodbridge.

Mayor John E. McCormac



Horizon Blue Cross Blue Shield of New Jersey

**Register by Aug 28, 2017 • [njseiorolympics.com](http://njseiorolympics.com)**

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# Yes

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# 2017 New Jersey Senior Olympics



## Mayor:

John E. McCormac

## Municipal Council

### Council President:

Richard A. Dalina (Second Ward)

### Council Vice-President:

Debbie Meehan (Fifth Ward)

### Council Members:

Nancy Drumm, First Ward

Cory S. Spillar, Third Ward

Virbhadra N. Patel, Fourth Ward

Kyle Anderson, At-Large

Brian F. Small, At-Large

Gregg M. Ficarra, At-Large

Lizbeth DeJesus, At-Large



## Greetings To New Jersey Senior Athletes:

Woodbridge Township is proud to host the **New Jersey Senior Olympic Games** for the 11th consecutive year. On September 8, 9 and 10, 2017, more than 1,300 Senior Olympians from throughout New Jersey will again visit Woodbridge Township to participate in the three-day Olympic competition.

New Jersey Senior Olympians will find world-class competition venues, sport and athletic facilities – including the Woodbridge Community Center (WCC), The Club at Woodbridge, and newly upgraded Woodbridge High School running track and event fields – all of which make Woodbridge Township the ideal location for the senior games.

The Woodbridge Community Center stands as a multi-purpose recreational and sporting facility with a full-size gymnasium, Olympic-size swimming pool, roller skating rink, NHL-size ice skating and hockey rink, wellness center, walking track, meeting rooms and recreational and lounge areas. Senior athletes will also make use of county and municipal parks and private sports venue facilities, including the Woodbridge Bowling Center and Colonia Country Club.

After the daily competition, I encourage our Senior athletes, spectators, families and friends to enjoy an evening in Woodbridge. Explore Main Street and our other downtown districts where you will find the best “Buy Local” shopping and dining in the region.

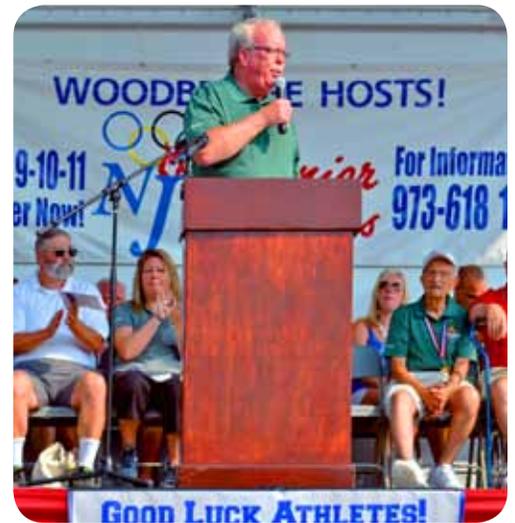
On behalf of Woodbridge Township, the Municipal Council, the 2017 New Jersey Senior Olympic Committee, and the many Woodbridge Township sponsors and volunteers, I offer a most sincere welcome to each and every Senior athlete and extend best wishes for much success as you compete for the “Gold,” “Silver” and “Bronze” in the 2017 New Jersey Senior Olympics. Let the games begin...

Best Regards,

John E. McCormac

Mayor

Woodbridge Township



**Friday, September 8**

Check In (Woodbridge CC)..... 10 am- Noon  
 Billiards (Woodbridge CC Age Groups 70+)..... Noon  
 Bowling (Woodbridge Bowling Center)..... Squad times are at 10 am, Noon & 2 pm  
 Miniature Golf (Woodbridge CC)..... 10am - Noon  
 Tennis (Club at Woodbridge) participants will be called with draw times after 9/2..... 9 am  
 Bocce (Woodbridge CC, Age Groups 70+ Singles, Doubles Competition)..... 9:00am  
 Pickleball (Warren Park)..... 8:30 am





## Saturday, September 9

Check In (Woodbridge CC).....	8 am-5 pm
Opening Ceremonies (Woodbridge CC).....	10 am
Fencing (Woodbridge HS).....	8:30 am
Basketball Accuracy & Foul Shooting (Woodbridge CC).....	11 am
Billiards (Woodbridge CC, Age Groups 50-69).....	Noon
Bocce (Woodbridge CC, Age Group 50-69 Singles, Doubles).....	11 am
Bowling (Woodbridge Bowling Center).....	Squad times at 10 am, Noon & 2 pm
Horseshoes (Woodbridge CC).....	11 am
Pickleball (Warren Park).....	8:30 am
Racquetball (Club at Woodbridge).....	11 am-5pm
Swimming (Woodbridge CC).....	Warm-up: 1pm, Meet: 2pm
Table Tennis (Woodbridge HS).....	11 am
Tennis (Club at Woodbridge).....	9am-5pm
Team Softball (Warren Park).....	10 am
Track & Field (Woodbridge HS).....	11 am
Volleyball (Avenel MS).....	9 am-5pm

**Claim Your FREE 2017 NJSO SHIRT at the Community Center when you register.**

## Sunday, September 10

Check In (Woodbridge CC).....	8 am-2 pm
Basketball 3 on 3 (Woodbridge CC or Woodbridge HS).....	9 am
Bocce (Woodbridge CC, 50-69 Singles, Doubles, If Needed).....	10 am
Cornhole (Woodbridge CC) .....	9am -5pm
Cycling (Woodbridge Center Mall, Boscov's Lot).....	8 am- 11 am
Darts (Woodbridge CC).....	10 am
Miniature Golf (Woodbridge CC).....	9 am - Noon
Pickleball (Warren Park).....	8:30 am
Swimming (Woodbridge CC).....	Warm-up: Noon, Meet: 1 pm
Team Softball (Warren Park).....	10 am
Tennis (Club at Woodbridge also WHS).....	9 am - 5 pm
Volleyball (Avenel MS).....	9 am-5pm

## Other Event Dates

Archery.....Sunday, 8/6, 10 am, Brookdale Park, Bloomfield  
 Golf ages 50+.....Monday, 10/2, Colonia Country Club, Colonia




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**Eligibility:**

NJ residents and out-of-state athletes who are age 50 and over as of 12/31/17.

**Competitive Categories:**

Male & female competition groups in all events. The age divisions: 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, & 90+.

**Equipment:**

All participants must supply their own equipment unless otherwise specified in event description.

**Registration/Deadline:**

Enter by August 28, 2017

**New Jersey Senior Olympics/GSG**

**P.O. Box 271**

**Caldwell, NJ 07006**

**973-618-1111 or njseniorolympics.com**

**Athletes may enter as many events as they like but it is the athlete's responsibility to enter events that do not overlap in time. It is not the responsibility of the NJSO to wait for athletes who are late for their competition. Participants must check in at the Registration Area sometime throughout the weekend.**

**No alcoholic beverages** in any venue.

**Rain:** In the event of rain, events will proceed as scheduled, unless it becomes necessary to move or cancel them.

**Costs:** Some events have fees additional to the general registration fee of \$30. Your initial registration fee covers entry to 3 events. **If participants of Golf and Softball Teams wish to enter any other event, they must pay the \$30 general registration fee.**

**Awards:** Gold, Silver, and Bronze medals awarded in each age/ sex category.

**General Registration:** \$30 (For 3 events)

**Special Events:** (No general registration fee required) Each additional event: \$10 (after first 3 events.) Golf: \$80 (Includes cart) Softball Team Entry: \$175.

**WE ENCOURAGE YOU  
TO REGISTER ONLINE:**

**[www.njseniorolympics.com](http://www.njseniorolympics.com)**

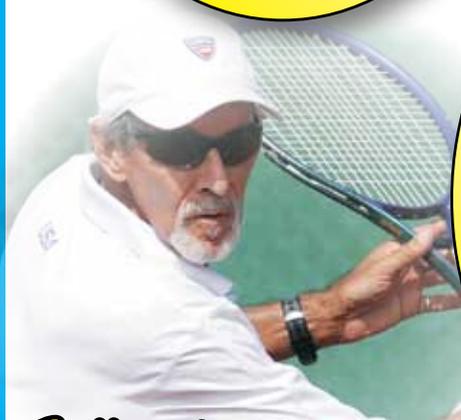
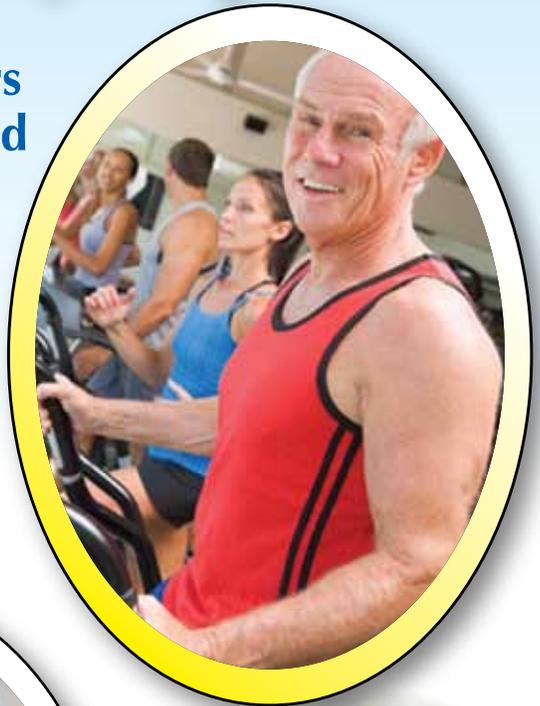
**SEE THE RESULTS FROM THE 2016 NJSO at [www.njseniorolympics.com](http://www.njseniorolympics.com).**



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# NJ Senior Olympics

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[www.theclub.org](http://www.theclub.org)

**Archery**  
Ralph Eckel

**Basketball Foul  
Shooting/Accuracy**  
Lisa & Courtney Dyer

**Basketball 3 on 3**  
Denis Dowd  
Carl Ling  
Jim McCloud

**Bocce**  
Frank Cummings

**Billiards**  
Barbara Kolodziey  
Steve Sharkey

**Bowling**  
Jeff Volker  
Lillian Holmes

**Cornhole**  
Ron Blackwell

**Cycling**  
Vince Menci

**Darts**  
Dan Irizarry

**Fencing**  
Gladys Barardi



**Golf**  
Michael Garamella  
Pat Trombetta  
Frank St. Marie

**Horseshoes**  
Dan Irizarry  
Emmanuel Tenorio

**Miniature Golf**  
Dan Swansboro

**Pickleball**  
Frank Nobile  
Ed Nadelman  
John Delmasto

**Racquetball**  
John Panno

**Swimming**  
Ellen Mace

**Table Tennis**  
Lily Lip  
Judy Lip

**Team Softball**  
Brian Molnar

**Tennis**  
Irma DeMarzo

**Track & Field**  
Tears Smith

**Volleyball**  
Debbie Oliver

**Operations Director**  
Kelly Irizarry

**Volunteer Coordinator**.....Sheila Carrozza



**Special thanks to our Coordinators**

Without the efforts of these individuals, these games would not be possible

**Pat Trombetta • Frank St. Marie**

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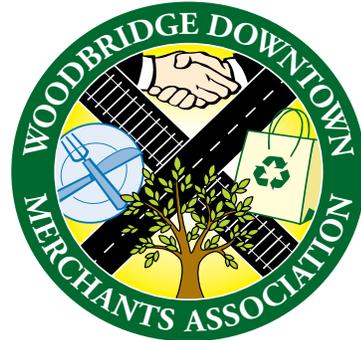
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2017 New Jersey Senior Olympics • 9

# 2017 New Jersey Senior Olympics



### **Archery:**

Recurve and compound division. Both divisions shoot a single 900 round on August 6, 2017 at Brookdale Park in Bloomfield, NJ. 9:30 Practice, 10 am Start. NO WALK ON ENTRIES, pre-registered only.

### **Basketball:**

Balls are provided for all Basketball events.

### **Accuracy Shooting:**

Most baskets made from (5) specified locations.

### **Foul Shooting:**

Best of 20 free throw shots.



### **3-on-3 Basketball:**

Half court competition, NCAA tournament rules. ENTER AS TEAMS - NO INDIVIDUAL APPLICATIONS ACCEPTED. Uniforms with numbers required. Single sex teams with max 9 members. Age divisions determined by age of youngest member. Send applications with a team roster and name of team representative. NO ROSTER CHANGES AFTER AUGUST 28.

### **Billiards:**

An eight ball tournament will be held in each age/sex division. Tournament directors may combine divisions if necessary. Five 8-foot tables will be used. Personal use sticks must be used. Tournament will follow Woodbridge Senior Club rules. For a set of rules, contact Barbara Kolodziey at 732-634-8294. Woodbridge Community Center.

### **Volleyball:**

MENS & WOMENS Team competition at Avenel Middle School on September 9th and 10th. Tournament will be a knockout format with 9 maximum players on each team. \$30 per person. Please enter as a team. For more information please contact Chairperson-Debbie Oliver at 973-951-7273 or e-mail her at [imatotalred@gmail.com](mailto:imatotalred@gmail.com)





### **Bocce:**

A team can consist of a single player and or a team of two called Doubles. Doubles can be two men, two women or one of each. The first team to reach 10 points will be declared the winner. This is a single elimination tournament. There will be competition in each age division. Equipment will be provided.



**Track & Field:** A variety of events are staged on Sept. 9, starting at 11 am. All events are held on the track at Woodbridge High School on Amboy Ave. Events include 1500M Race walk, 100M Dash, 800M Dash, 200M Dash, 400M Run, 1500M Run, Long Jump, Triple Jump, Discus, Javelin and Shot Put. Runners must provide starting blocks, if desired. Please refer to the website for times and order of events.

**The NJSO provides each athlete a FREE COLLARED SHIRT. Claim yours at the Community Center when you register, and wear it with pride all year!**

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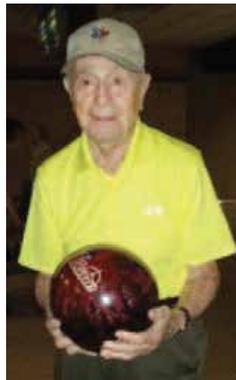
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# 2017 New Jersey Senior Olympics



## Bowling:

At Woodbridge Bowling Center, squads are on 9/8 and 9/9 at 10 AM, Noon, or 2 PM. An entrant may bowl once in singles and once in doubles. For the doubles, age classification shall be of the youngest partner. Contestants previously entered in the bowling event may re-enter on site in another squad based on lane availability. Bowlers must pay the bowling center a \$6 lineage fee prior to each squad in which they participate. Certified with the US Bowling Congress (USBC) each contestant must have a current membership card or receipt for the 2017-2018 season. Bowlers without a card may purchase a membership card on site. Men's fee is \$20, women's \$21. This will entitle the purchaser for full membership in USBC for other leagues, tournaments and any awards that are earned. You may also purchase a USBC participation fee for \$5. This only entitles the



purchaser to use this card for this tournament only and the individual would not be entitled to any awards issued by USBC. NO ONSITE REGISTRATION.

## Cycling:

Staged on Sunday, September 10 with an 8am start, this is a USCF Permit Event on a flat paved course located in Woodbridge Center Mall, with a start near Boscov's. Pick up number at 7:15 am. Riders must have USA Cycling racing license and sign entry form/release. One day license is \$10 in addition to registration. Registration on race day add \$10. Mandatory helmets.

## Criterion events:

40K	24.8 Miles	41 Laps
20K	12.4 Miles	21 Laps
10K	6.2 Miles	11 Laps
5K	3.1 Miles	4 Laps

Age Groups: • 50-54 • 55-59 • 60-64 • 65-69 • 70-74 • 75-79 • 80+

Call Vince Menci: 908-393-9384.

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# 2017 New Jersey Senior Olympics

## Sports Info

### Horseshoes:

Single elimination for each age/sex division in tournament style at Woodbridge Community Center.

### Darts:

Players will play baseball, nine innings, single elimination tournament. Woodbridge CC.

### Fencing:

Fencing is at Woodbridge HS Gym. Each year brings more competitors as current 50+ USA Team members have attended as they warm up for world championships. This is a NJUSFA Sanctioned Tournament. Close of check in times:

Men's & Women's Foil	Sat. 9/9	8:30AM
Men's & Women's Sabre	Sat. 9/9	10:30AM
Men's & Women's Epee	Sat. 9/9	12:30PM

For fencing info write to:  
fencingfam@aol.com.



**REGISTER ONLINE:**  
[www.njseniorolympics.com](http://www.njseniorolympics.com)



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### **Miniature Golf:**

18-hole stroke-play tournament on the Skyline Mini-Golf Course at The Arenas at Woodbridge Community Center. This is a singles competition with lowest cumulative stroke. Posted course rules will apply.

### **Racquetball:**

Doubles & Singles competition. A single tournament will be held in each age / sex division.

Location: Club at Woodbridge.

**MANDATORY PROTECTIVE EYEWEAR.**



### **Tennis:**

Singles, doubles and mixed doubles at The Club at Woodbridge & WHS on Sept. 8-10. Participants may only enter 2 out of 3 events offered. Age divisions for doubles and mixed doubles will be determined by the age of the youngest player. Preliminary rounds of eight (8) game pro-set, no-ad scoring. Finals are best of three sets, with regular scoring (or at discretion of tournament director). List doubles partners in Special Remarks of application. Participants must supply new tennis balls for each game. Participants must have a partner for doubles/mixed doubles and list names.

### **Swimming:**

25-yard pool. Diving starts permissible. Bathing cap required. Four (4) events per day limit. \*Please contact Ellen Mace at 609-558-0988 with questions. See application on page 31 for day to day schedule of events. Location: Woodbridge Community Center. Dates: September 9th and 10th

### **Table Tennis:**

Singles, doubles and mixed doubles are held at 11 am on Saturday, September 9 at Woodbridge HS. Participants may only enter 2 out of 3 events offered. Age divisions for doubles and mixed doubles will be determined by the age of the youngest player.



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John E. McCormac, Mayor

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# 2017 MAYOR'S SUMMER CONCERT SERIES

**Mayor  
John E. McCormac**

## Golden Oldies Monday 7:30 PM ON THE LAWN AT WOODBRIDGE HIGH SCHOOL

June 26  
**The Duprees**

July 3 Fireworks!  
Alvin Williams Park, Sewaren  
Music by AM Gold

July 10  
**Beginnings**  
Chicago Tribute

July 17  
**Emil Stucchio & the Classics**

July 24  
**New York BeeGees**

July 31  
**Madhoney Bros**  
Jukebox Heroes Live!

August 7  
**Shadows of the 60's - Motown**

August 14  
**Capris with Larry Chance & The Earls**

August 21  
**Brit Pack Beatles Tribute**

August 28  
**The Infernos**

## Tuesday Tributes 7:30 PM ON THE LAWN AT WOODBRIDGE HIGH SCHOOL

June 27  
**Radio Nashville**

HAVE A HAPPY AND SAFE 4th of JULY

July 11  
**Riders on the Storm (Doors)**

July 18  
**Eaglesmania (Eagles)**

July 25  
**British Invasion**

August 1  
**Broken Arrow (Neil Young)**

August 8  
**Back to the Garden (Woodstock)**

August 15  
**Glimmer Twins (Stones)**

August 22  
**Green River (CCR)**

August 29  
**B-Street Band (Springsteen)**

## Woodbridge Wednesday

June 28  
**New Breed Brass Band**

July 5  
**Liz Uice**

July 12  
**Amy Helm**

July 19  
**John Fullbright**

July 26  
**Femina**

Aug 2  
**Art Hest, Chrissi Poland, Matt Nakoa, The Honey Dewdrops**

Aug 9  
**Alsarah & the Nubatones**

Aug 16  
**The Dajstbowl Revival**

Aug 23  
**Ellen Jewel Band**

August 30  
**Harpeh Rising**

September 6  
**Iain Matthews Lipbone Redding**



**7:30 PM PARKER PRESS PARK**



## Local Band Thursday

June 29  
**Saloonatics**

July 6  
**Good to Go**

July 13  
**SHAMAN**

July 20  
**Smokehouse**

July 27  
**Blame it On Richie**

August 3  
**Seven Stone**

August 10  
**Smoke & Mirrors**

August 17  
**9South**

August 24  
**Brandywine Road**

August 31  
**Marty and the Marfians**

September 7  
**Love Revolution**

**7:30 PM TANZMAN PARK** Across From Woodbridge Train Station

## Country Sunday

July 2  
**Tennessee River (Alabama Tribute)**

July 9  
**Western Centuries**

July 16  
**Truck Stop Troubadours Outlaw Country**

July 23  
**The Chapin Sisters / The Farmer and the Fiddle**

July 30  
**Radney Foster**

August 6  
**ZBTB (Zac Brown Tribute)**

August 13  
**Gibson Brothers**

August 20  
**YAM**

August 27  
**John Jorgenson Bluegrass Band**

**6:00 PM PARKER PRESS PARK**

Please bring a box or can of food to help us restock our food pantries.

to confirm events or weather  
CONCERT HOTLINE  
732-602-6045

**Friday Jazz**

June 9  
**Michael Nwensio and the Shakes**

July 14  
**Stephane Wremble**

August 11  
**Duchess**

September 8  
**The Flunferntones**



**7:30PM FRANK G. PELZMAN PARK - TAPPAN ST & WEST PARK AVE, AVENEL**

For more information: [www.twp.woodbridge.nj.us](http://www.twp.woodbridge.nj.us)

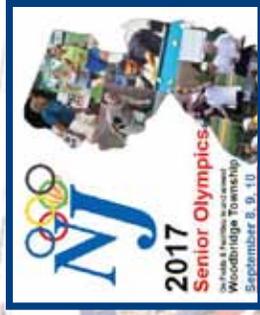
**Woodbridge - The Best Town Around**

# 2017 Woodbridge Events and Happenings 2017

June 11:	Feria de Sevilla Festival 2:00 to 5:00 PM - Parker Press Park	Oct. 1:	Hispanic Festival Noon to 6:00 PM - Parker Press Park
June 17:	Fluke Tournament	Oct. 1:	18th Annual Colonia Pride Day Parade 1:30 PM Start from School 21 to Colonia Fire House
June 21:	Downtown Car Crusin' with the Oldies 5:00 PM - Main Street	Oct. 8:	Columbus Day Ceremony & Flag Raising 10:00 AM - Town Hall
July 3:	Independence Day Fireworks Park Opens 4:00 PM - Fireworks at Dusk Alvin Williams Park, Sewaren (Rain Date: July 5)	Oct. 13:	Ghost Walk Stage Show 5:00 - 9:00 PM - Theater at Woodbridge Middle School
July 6:	Pizza Run 5:30 PM Registration; 6:00 PM race Alvin Williams Park, Sewaren	Oct. 14:	BarronFest Art Festival 10:00 AM to 3:00 PM - Parker Press Park
July 11 -15:	St. John Vianney Fair - Inman Ave., Colonia	Oct. 14:	Port Reading Day Port Reading School #9 - Noon to 3:00 PM
July 19:	Downtown Car Crusin' with the Oldies 5:00 PM - Main Street	Oct. 18:	Rec. Dept. Pumpkin Painting 4:00 to 6:00 PM - Parker Press Park
July 21,22,28,29:	WCP Presents: West Side Story 7:30 PM - Theater at Woodbridge Middle School	Oct. 19:	Rec. Dept. Stuff Your Own Scarecrow 4:00 to 6:00 PM - Parker Press Park
July 23:	WCP Presents: West Side Story 2:00 PM - Theater at Woodbridge Middle School	Oct. 19:	Taste of Woodbridge 6:30 to 9:30 PM - Woodbridge Community Center
Aug. 5 & 6:	Civil War Living History Weekend Parker Press Park	Oct. 21:	Ghost Walk 5:00 PM to 9:00 PM Tours start from Parker Press Park
Aug. 13:	2017 Indian Business Association Independence Day Celebration & Parade - 2:00 to 8:30 PM	Oct. 22:	Mayor's Halloween Trunk or Treat 3:00 PM Woodbridge Community Center
Aug. 16:	Oak Tree Road, Iselin 5:00 PM - Main Street	Oct. 22:	Halloween Drive-In Movie DUSK - Woodbridge Community Center Parking Lot
Aug. 20:	2017 Pakistani Independence Parade 2:00 PM- 8:30 PM- Oak Tree Road, Iselin	Oct. 26:	Rec. Dept. Halloween Hayride 6:30 to 8:30 PM - Parker Press Park
Sept. 3:	Crossroads 10K - 5K Race & Fun Run 9:00 AM Start - Alvin Williams Park, Sewaren	Nov. 12:	Veterans Day Parade 1:30 PM - Main Street
Sept. 8, 9 & 10:	New Jersey Senior Olympics Various Venues in Woodbridge	Nov. 25:	Holiday Stroll & Main Street Holiday "Light-Up" 4:00 to 6:30 PM - Main Street
Sept. 9:	NJSD Opening Ceremonies 10:00 AM - Woodbridge Community Center	Dec. 1:	Woodbridge Christmas Tree Lighting 5:00 PM - Barron Arts Center
Sept 11:	9-11 Remembrance Ceremony 6:00 PM - Town Hall	Dec. 2:	Ford's Business Association Community Holiday Celebration 2:00 PM - New Brunswick Ave.
Sept 16:	St. James Street Fair (Rain Date Sept. 23) 9:00 AM to 4:00 PM - Main St., Woodbridge	Dec. 3:	57th Annual Woodbridge Christmas Parade 1:30 PM - Main Street
Sept 23:	JJ Biting Beer Fest 1:00 to 5:00 PM - Parker Press Park	Dec. 7:	Colonia Business Community Holiday Celebration & Christmas Tree Lighting 5:00 PM - Evergreen Center, Inman Ave.
Sept. 24:	Tour d'Woodbridge Bike Tour 7:00 AM Start - Club at Woodbridge - Main Street	Dec. 9:	Rec. Dept. Decorate A Gingerbread Cookie 11:00 AM to 1:00 PM - Parker Press Park
Sept. 30 :	National Public Lands Day - 9:00 AM to 2:00 PM Ernie Oros Wildlife Preserve, Omar Ave., Avenel	Dec. 16:	Rec. Dept. Pictures with Santa 10:00 AM to Noon - Parker Press Park

Hotline number to confirm events or weather: 732-602-6045

**JOHN E. MCCORMAC, MAYOR**



Please bring a box or can of food to help us restock our food pantries

## **THE PICKLEBALL TOURNAMENT, 2017 NEW JERSEY SENIOR OLYMPICS**

Men's Doubles, Women's Doubles, Mixed Doubles, and Singles at Warren Park on Sept. 8th, 9th and 10th. Sunday, September 10th will primarily be a rain date in the event of delays, etc. Groups: 50-54; 55-59; 60-64, etc., determined by player's age as of 12/31/2017.

All age groups play on Friday and Saturday (and Sunday as a rain date). Men's and Women's Doubles play on Friday, Sept. 8th (6-8 hours), 8:30 am start. Mixed Doubles will play on Saturday, Sept. 9th (6-8 hours) 8:30 am start. The starting times for Singles matches are approximately 2 to 4 pm. Men's Singles and Women's Singles matches will start on Friday and conclude on Saturday if needed. These start times are approximate and contingent upon weather conditions.

**Participants may only enter 2 out of 3 Pickleball events offered.**

**Age bracket grouping will be determined by the tournament director.**

All players in Doubles brackets will play games to 15 win by 1, while players in Singles brackets will play games to 11 win by 1. All players in brackets of 5 or more will play Double Elimination, players in brackets of 4 or less will play Round Robin.

Players in brackets of 4 or more will play one game, while players in brackets of 2 or 3 will need to win 2 out of 3 games.

Registration can be done on-line at <http://www.njseniorolympics.com> or if you have the NJ 2017 Senior Olympics booklet, you may submit the REGISTRATION APPLICATION and RELEASE/WAIVER via mail.

**Pickleball applicants MUST also register at USAPA.ORG.**

Link to USAPA registration: **<http://www.usapa.org/iframe/tourney/signup.php?tname=NJSOPB2017&admin=NJSOPB2017>**

List your partner's name under \*special remarks in the application and on the USAPA.ORG site. There is a partner search available on



the USAPA site as well. Those who register for doubles without a partner and do not find one by the registration deadline (8/28/2017) will be removed from the doubles competition. It is not the responsibility of the sports chair to search or provide for doubles partners.

**All participants will be expected to act as score keepers/referees at some time during the tournament.**

We will be using the Onix Pure 2 ball for the tournament.

The Tournament director reserves the right to modify the format to accommodate unexpected issues such as bad weather.

If you have any questions call the Pickleball Sports chair: Frank Nobile at 609-409-0043, Ed Nadelman at 917-650-4053 or John Del Mastro at 609-235- 9009.

Pickleball Committee: John Neglia 908-687-7625, Mel Nudelman 609-371-0166, Joel Greenberg 732-770-8118, Barry Panson 908-812-2662, David Kerstein 201-400-0190, Karin Rentschler 609-259-3890 George Cheah 201-785-6526.

**Golf:**

Low score wins. Foursomes will be assigned. Golfers must supply clubs. Carts must be used. Cost of \$80 includes cart on October 2nd at the Colonia Country Club, 300 Colonia Boulevard Colonia, N.J. 07067 or call 732-381-9500. Registration and Breakfast is at 8 am with a shotgun start at 9 am. Lunch will be served after golf. A Dress Code is enforced at the Colonia Country Club. Prohibited are tank tops, halter tops, tee shirts, cutoffs, sweat pants, denim jeans of any color, athletic shorts or tops, metal spikes. Cargo pants are not permitted. Collared shirts must be tucked in at all times. (Registration for golf is first come first serve. Max: 100 players.)

**Softball:**

Team Competition at Warren Park on Saturday / Sunday. Captains will be called with draws after Sept. 1. Tournament held in the following age division: 50+, 55+, 60+, 65+. ENTER AS TEAMS ONLY. NO INDIVIDUAL APPLICATIONS ACCEPTED. Seven inning games. Single sex teams with max of 18 players. Age division will be determined by the age of the youngest team member. For info: Brian Molnar at 732-596-4045.

**WE ENCOURAGE YOU  
TO REGISTER ONLINE:  
[www.njseniorolympics.com](http://www.njseniorolympics.com)**

**Cornhole:**

Cornhole is the most popular bag toss game in the United States. A team can consist of a single player and or a team of two called Doubles. Doubles can be two men, two women or one of each. This is a single elimination tournament. There will be competition in each age division. Equipment will be provided.

**1 - Layout**

A Cornhole court is a rectangular area 8 ft wide and a minimum of 42 ft long. Each board is placed 24 ft away from the front of each board. Pitcher must remain in 4x3 ft pitcher area on either side of board while the tossing bags. Front edge of box acts as foul line.

**2 - Pitching Distances**

Pro - 27ft

Amateur (casual) - 24ft \* This is what the Senior Olympics will be using.

We will be playing singles and doubles (male or female).

Scoring is first to 21 or 13-0 shutout.

Cancelation scoring.

Example: You get 9 and I get 7, you get 2 points.



## **All Roads Lead to Woodbridge**

### **To Woodbridge Community Center**

**GSP North:** Exit 127 to Rt. 9 North. Bear right at the Hess Gas Station to take the Rt. 514 exit and make a left onto Main St. (Rt. 514 West). Third light, right into CC.

**GSP South:** Take exit 130 to Rt. 1 North, take Rt. 1 for a half mile. Take a right onto Woodbridge Center Dr. Fourth light, right onto Main St. (Rt. 514 West). Right at next light into CC.

**NJ Turnpike:** Take exit 10. Bear left and follow signs for Rt. 287 North, but do not take Rt. 287. Take exit on the right for Rt. 514 East (Woodbridge/Fords). Go 7 traffic lights, then take left at Antares Dr. to enter the CC.

**Rt. 287:** Take 287 South, past the Turnpike. Take exit on right for Rt. 514 East (Woodbridge/Fords). Go through seven traffic lights, then turn left at Antares Dr.

### **To Woodbridge Center Mall**

**GSP South:** Take Exit 130 to Routh 1 North. Proceed on Route 1 North to entrance ahead on right.

**GSP North:** Take Exit 130 to Route 1 North. Proceed on Route 1 North to entrance on right.

**NJ Turnpike:** Exit 11, Route 9 North. First left past steakhouse, then a left to Route 9 South and then to Center.

### **To Woodbridge Bowling Center**

**GSP North:** Exit 127 to Route 9 North to Main St. (514 W), right after overpass into bowling center.

**GSP South:** Exit 129 to Route 9 North, follow above.

### **The Club @ Woodbridge**

Directly across from Woodbridge CC.

### **To Woodbridge HS**

**GSP North:** Exit 127 to Rt. 9 North to Rt. 35 South left third light.

### **To Warren Park from Community Center**

From the Community Center make left onto Main St. Continue on Main St. to Amboy Ave. and that is Route 35 South. Fourth traffic light make right and stay on Route 35 South to Florida Grove Rd. Take fourth light and turn right and Warren Park is on right.

**From NJTP Exit 10:** Route 287 East toward Outerbridge Crossing to Rt. 35 North. Left on Florida Grove Rd. Park is on right.

### **To Colonia Country Club, Colonia**

Colonia Country Club is at 300 Colonia Boulevard, Colonia, N.J. 07067. The Main phone number is 732-381-9500.

**GSP North or South:** Exit 131, left at light onto Rt. 27N. Continue to New Dover Road. Turn left onto service road immediately adjacent to overpass. At stop sign, turn right onto New Dover. Take second right onto Colonia Blvd, Follow to Club entrance.

**NJ TPK North - Exit 11.** After toll take GSP North to Exit 131. (Follow directions from above).

**NJ TPK South - Exit 13.** Follow signs for Linden onto Rt. 1 south. At 3rd traffic signal turn right onto Milton Ave. Turn left onto St. George's Avenue and follow to Colonia Blvd at railroad overpass.

## Directions

### All Roads Lead to Woodbridge

#### To Avenel Middle School (Volleyball)

Start out going northeast on Main St. toward Thompson Ave.

Merge onto US-9 N toward Newark.

Merge onto NJ-35 N

Turn right onto Woodbine Ave.

85 Woodbine Ave is on the right.

#### To Brookdale Park (Archery)

Follow Garden State Parkway to Watchung Ave in Bloomfield.

Take exit 151 from Garden State Pkwy

Turn left onto Watchung Ave

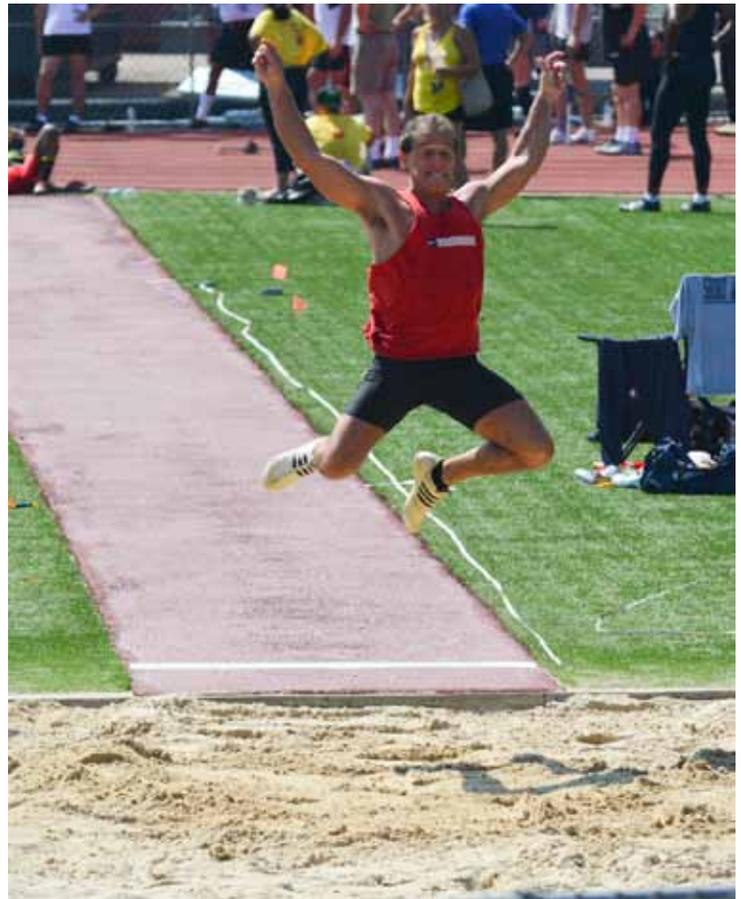
Sharp right onto Broad St

Turn left to stay on Broad St

Turn left onto Bellevue Ave

Turn left onto W Circuit Dr

Turn left - Destination will be on the left



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N.J. Lic. No. 00126A

# Woodbridge Center

(Sponsor of the Cycling event)

is proud to salute the

## 2017 New Jersey Senior Olympics

Good Luck & Best Wishes to all participants!

Thank you for your contribution  
to our community

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CENTER

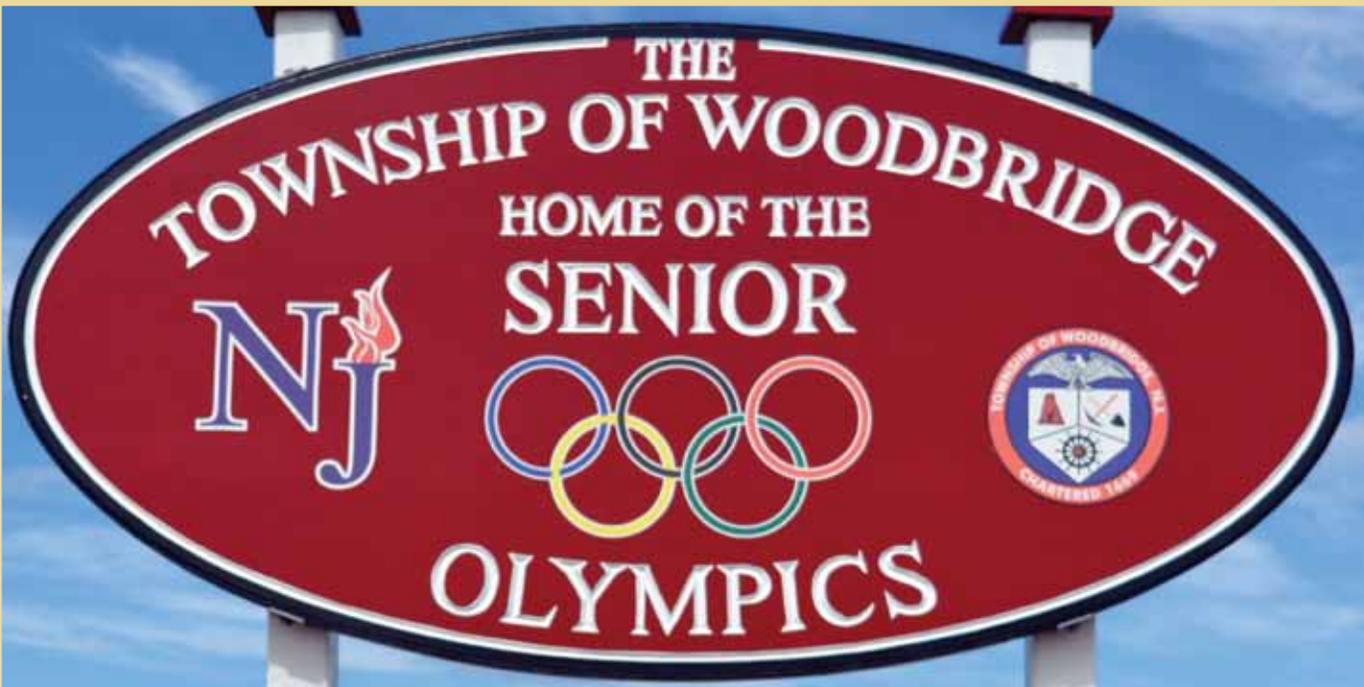
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34 Main Street, Woodbridge | 1379 St. Georges Avenue, Colonia  
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## 2017 NEW JERSEY SENIOR OLYMPICS



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# NATIONAL SENIOR GAMES ASSOCIATION GREAT 8

**"THE GREAT EIGHT"** are athletes who have competed in every National Senior Games since the inaugural year in 1987. NSGA presents in-depth **Personal Best** interview features for each of these amazing and dedicated athletes at [NSGA.com/30anniversary](http://NSGA.com/30anniversary).



Photo: Doug Mills, New York Times

**Roy Englert**  
Springfield, Virginia | 94  
Track & Road Race



**George Freeman**  
Foley, Alabama | 86  
Track, Triathlon, Road Race,  
Cycling, Golf & Bowling



**Dottie Gray**  
St. Louis, Missouri | 91  
Track & Road Race



**Hazel Hassen Bey**  
Montclair, New Jersey | 93  
Bowling



Photo: Greta Rybus

**Ann McGowan**  
Providence, Rhode Island | 92  
Track & Field, Softball, Basketball  
& Volleyball



**Lee Stadem**  
Sioux Falls, South Dakota | 89  
Tennis & Table Tennis

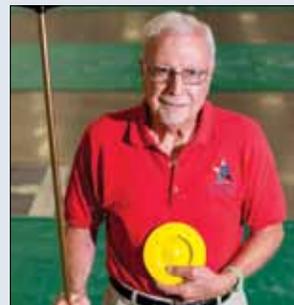
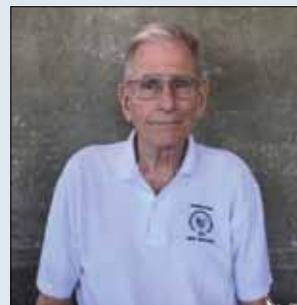


Photo: Zachary Kelly

**Ed True**  
O'Fallon, Illinois | 85  
Track & Field, Shuffleboard & Bowling



**Jordan Wolle**  
Las Cruces, New Mexico | 89  
Swimming



View The Great Eight's full profiles and more special 30th anniversary features online at [NSGA.com/30anniversary](http://NSGA.com/30anniversary).

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# WOODBIDGE RUN FOR PIZZA!

**DOWNTOWN WOODBRIDGE  
4 MILE & PIZZA  
Extravaganza!**

**Woodbridge, NJ  
Thursday  
July 6th, 2017**

**RAIN  
OR  
SHINE!**



**the Club at  
WOODBIDGE**  
Health & Fitness Center  
585 Main Street | 732-634-5000



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**Location:**  
Alvin Williams Park, Sewaren

**Schedule**  
Registration/Packet Pick-Up  
5:30 PM - 6:45 PM Alvin Williams Park, Sewaren  
7:00 PM 4 Mile Race  
8:00 PM Awards and Party

**Registration**  
Online: [register.compucore.com/wbpizza](http://register.compucore.com/wbpizza)  
Mail this form and check payable to  
MCPFS  
Runners High  
454 Main Street, Metuchen NJ 08840  
[info@runnershighnj.com](mailto:info@runnershighnj.com)

**Entry Fees**  
Pre - \$25 (\$20 USATF-NJ Members)  
Post - \$30 after July 4th

**Course**  
USATF Certified - Water Stops,  
USATF NBNJ Grand Prix Event, Rolling  
and flat past well-groomed neighborhoods  
and the Sewaren water front.

**Awards**  
Top Three Overall Female  
and Male  
Top Three Male  
& Female each age group

**Age Groups**  
5 Years, 14 & Under to  
80+ and Over, 3 Deep

**Scoring**  
[www.compucore.com](http://www.compucore.com)  
Amenities  
Pizza & Beverage provided by  
local Woodbridge establishments;  
DJ Mr. Tunes  
T-SHIRTS GUARANTEED TO  
ALL ENTRIES RECEIVED BY 6/30/17

**Corporate & Team Entries**  
Email Race Director for details

**Make Checks Payable to: Mayors Council for Physical Fitness and Sports**

In Store Registration Available



Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
DOB \_\_\_\_\_ Age \_\_\_\_\_ Sex \_\_\_\_\_  
Email \_\_\_\_\_ 2017 USATF-NJ# \_\_\_\_\_

**Entry Fees (Please check)**

\$20 USATF-NJ MEMBER by July 4th

\$25 PRE REGISTRATION by July 4th

\$30 after July 4th

Payment Enclosed \$ \_\_\_\_\_

T-Shirt size \_\_\_\_\_

**Waiver / Release:** In Consideration of this entry being accepted, I hereby for myself, heirs, executors, and administrators, waive and release any claims I may have against MCPFS, the town of Woodbridge, NJ, their staff, officers, volunteers, successors and assigns for injuries that may be suffered by me in this event. Further, I state that I'm physically able to participate in this 4 mile run.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Parent / Guardian \_\_\_\_\_

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Group block rate is \$99 per room per night plus tax.



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**NEW JERSEY SENIOR OLYMPICS**  
**2017 REGISTRATION APPLICATION**  
**SEPTEMBER 8<sup>th</sup> – 10<sup>th</sup>**  
**ONLINE REGISTRATION (recommended) at:**  
[www.njseniorolympics.com](http://www.njseniorolympics.com)

Checks/Money  
Orders Payable To:  
**NJSO/GSG**  
P.O. Box 271  
Caldwell, NJ 07006

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ M.I. \_\_\_\_\_  
Street Address \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Area Code & Tel: \_\_\_\_\_ County: \_\_\_\_\_  
Sex: M or F (circle one) Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Emergency Number: \_\_\_\_\_  
E-mail Address: \_\_\_\_\_

*List any special needs or any medication you are taking & attach it to this form*

**SPORTS & EVENTS SELECTION:**

**ARCHERY (8/6)**   
**BASKETBALL (9/9) (9/10 - TEAM):**  
Accuracy Shooting   
Foul Shooting   
Three-on-Three  Team \_\_\_\_\_

**BILLIARDS (9/8 & 9/9)**

**BOCCE (9/8 & 9/9):**  
Singles   
Mixed Doubles  Partner \_\_\_\_\_

**BOWLING (9/8 & 9/9):**  
Singles   
Doubles  Partner \_\_\_\_\_  
Mixed Doubles  Partner \_\_\_\_\_

*Preferred Bowling Day & Time*

	<u>Singles</u>	<u>Doubles</u>	<u>Mixed</u>
Friday 10am	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Friday 12pm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Friday 2pm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Saturday 10am	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Saturday 12pm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Saturday 2pm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**CORNHOLE (9/10):**  
Singles   
Mixed Doubles  Partner \_\_\_\_\_

**CYCLING (9/10)**

**DARTS (9/10)**

**FENCING (9/9):**  
Epee  Foil  Sabre

**HORSESHOES (9/9)**

**GOLF (10/2)**   
Preferred Golf Playing Partners:  
1. \_\_\_\_\_  
2. \_\_\_\_\_  
3. \_\_\_\_\_

**MINATURE GOLF (9/8 & 9/10)**  Friday  Sunday

**PICKLEBALL (9/8-9/10): MUST REGISTER @ [USAPA.ORG](http://USAPA.ORG)**  
Singles   
Doubles  Partner \_\_\_\_\_  
Mixed Doubles  Partner \_\_\_\_\_

**RACQUETBALL (9/9):**  
Singles   
Doubles  Partner \_\_\_\_\_  
Mixed Doubles  Partner \_\_\_\_\_

**SOFTBALL (9/10)**  Team \_\_\_\_\_

**SWIMMING DAY 1 (9/9): USMS #: \_\_\_\_\_**

100 Freestyle	<input type="checkbox"/>	Time: _____
200 Breaststroke	<input type="checkbox"/>	Time: _____
100 Butterfly	<input type="checkbox"/>	Time: _____
50 Backstroke	<input type="checkbox"/>	Time: _____
50 Breaststroke	<input type="checkbox"/>	Time: _____
200 Backstroke	<input type="checkbox"/>	Time: _____
100 Ind. Medley	<input type="checkbox"/>	Time: _____
500 Freestyle	<input type="checkbox"/>	Time: _____

**SWIMMING DAY 2 (9/10):**

50 Freestyle	<input type="checkbox"/>	Time: _____
200 Butterfly	<input type="checkbox"/>	Time: _____
100 Backstroke	<input type="checkbox"/>	Time: _____
50 Butterfly	<input type="checkbox"/>	Time: _____
200 Freestyle	<input type="checkbox"/>	Time: _____
100 Breaststroke	<input type="checkbox"/>	Time: _____
200 Ind. Medley	<input type="checkbox"/>	Time: _____

**TABLE TENNIS (9/9):**

- Singles
- Doubles  Partner \_\_\_\_\_
- Mixed Doubles  Partner \_\_\_\_\_

**TENNIS (9/8-9/10):**

- Singles
- Doubles  Partner \_\_\_\_\_
- Mixed Doubles  Partner \_\_\_\_\_

**TRACK & FIELD (9/9):**

- 1500 Racewalk
- 100 M Dash  Discus
- 800 M Run  Long Jump
- 200 M Dash  Triple Jump
- 400 M Run  Shot Put
- 1500 M Run  Javelin

**VOLLEYBALL (9/9 & 9/10)**  Team: \_\_\_\_\_

Registration Fee \$30 (for three (3) events):	
	\$ _____
Additional Events @ \$10 each	\$ _____
<i>Bowling \$6.00 lineage fee, to be paid at lanes</i>	
Special Events: **	
Golf \$80	\$ _____
Softball Team Entry \$175	\$ _____
Total Amount Enclosed:	\$ _____
Shirt Size:	_____

*\*\*No general registration fee required for Special Events participants. If participants of special events wish to enter any other event, they must pay the \$30.00 registration fee.*

*Be sure to read and sign waiver form below.\*\**

**RELEASE OF LIABILITY -- READ BEFORE SIGNING**

In consideration of being allowed to participate in any way with the New Jersey Senior Olympics "NJSO" / Garden State Games "GSG", its related events and activities, I, \_\_\_\_\_, the undersigned, acknowledge, appreciate, and agree that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Company immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS NJSO, GSG, their officers, officials, agents and/or employees, volunteers, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used for the activity ("Releases"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property associated with my presence or participation, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

x \_\_\_\_\_  
PARTICIPANT'S SIGNATURE

Date Signed: \_\_\_\_\_

**• REGISTRATION DEADLINE AUGUST 28, 2017 •**



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all the participants and their families at this year's  
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