

Howie Bauer
Councilman



Michele Morgan, MSW
Director of Senior Services

John E. McCormac
Mayor, Township of Woodbridge

OCTOBER 2021



17 CORRIELLE STREET
FORDS, NJ 08863
732-726-6285

Come in and stay for a while! Senior Centers are a great place to enjoy a cup of coffee or tea, read a book or watch tv. It is a safe environment for our senior community to find friendship, meaning and purpose. Senior centers help older adults stay physically, mentally, and emotionally healthy, active and independent. Township senior centers are dedicated to helping you age with confidence.

For General Information please call Elizabeth Cowan, Coordinator at 732-726-6285 or Email: Elizabeth.cowan@twp.woodbridge.nj.us

Monday	Tuesday	Wednesday	Thursday	Friday
				1 8:45am Chair Yoga 10:30am Jewelry & Beading 12:00pm Color by Pencil 1:00pm Mahjongg
4 10:30am Jewelry & Beading 11:00am Scrabble 1:00pm Chair Yoga 2:00pm Color By Pencil	5 10:00am Yarn Arts 11:15am Chair Zumba 12:15pm Movie	6 10:00am Senior Strong 11:00am Card Making 1:00pm Games	7 10:30am Tai Chi 11:30am Jewelry & Beading 1:00pm Line Dancing 	8 8:45am Chair Yoga 10:30am Jewelry & Beading 12:00pm Color by Pencil 12:30pm Fords/Keasbey Seniors 1:00pm Mahjongg
11 CLOSED Columbus Day 	12 10:00am Yarn Arts 11:15am Chair Zumba 12:15pm Movie	13 10:00am Senior Strong 11:00am Card Making 1:00pm Games 1:00pm Woman's Club of Fords	14 10:30am Tai Chi 11:30am Jewelry & Beading 1:00pm Line Dancing	15 8:45am Chair Yoga 10:30am Jewelry & Beading 12:00pm Color by Pencil 1:00pm Mahjongg
18 10:30am Jewelry & Beading 11:00am Scrabble 1:00pm Chair Yoga 2:00pm Color By Pencil	19 10:00am Yarn Arts 11:15am Chair Zumba 12:15pm Movie	20 10:00am Senior Strong 11:00am Card Making 1:00pm Games	21 10:30am Tai Chi 11:30am Jewelry & Beading 1:00pm Line Dancing 2:00pm Olsen Towers Outreach	22 8:45am Chair Yoga 10:30am Jewelry & Beading <u>11:00am - 1:00pm Division on Aging: Expressions Seminar "Free Application Assistance for Low-Income Home Energy Program."</u> 12:00pm Color by Pencil 1:00pm Mahjongg 1:00pm Mayor Mac's Trivia
25 10:30am Jewelry & Beading 11:00am Scrabble 1:00pm Chair Yoga 2:00pm Color By Pencil	26 10:00am Yarn Arts 11:15am Chair Zumba 12:15pm Movie	27 10:00am Senior Strong 11:00am Card Making 1:00pm Games	28 10:30am Tai Chi 11:30am Jewelry & Beading 1:00pm Line Dancing	29 Monster Mash Luncheon

Activities Available Every Day
8:30am-4:30pm
Computers
Knitting/Crochet
Mahjongg
Rummikub/Scrabble
Cards
Puzzles

Important Phone Numbers:
Senior Center Hotline 732-726-6264
Division on Aging 732-726-6262
STOW Township Transportation 732-726-2394
Health Department 732-855-0600
Town Hall 732-634-4500
Police (Non-Emergency) 732-634-7700
MCAT County Transportation 800-221-3520
Access Link Transportation 800-955-2321

STOW
Senior Transportation for Township residents 60 years of age & older. 732-726-2394

All Activities/Classes subject to change

Membership Eligibility: Must be 60 years of age or older & current Woodbridge Township resident (Proof of Address Required)