



# January 2021

**John E. McCormac**  
Mayor

**Schedule Subject to Change**

**Dennis M. Green**  
Director of Health

Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> 9:30am Active Silver Seniors 11:45am Chair Pilates 12:00pm Knitting/Crocheting	<b>5</b> 10:00am Billiards	<b>6</b> 10:00am Art Class 2:00pm Chair Yoga	<b>7</b> 12:00pm Knitting/Crocheting	<b>8</b> 10:00am Knitting/Crocheting 10:00am Art Class 12:30pm <b>Movie Day</b> "Man on Fire"
<b>11</b> 9:30am Active Silver Seniors 11:45am Chair Pilates 12:00pm Knitting/Crocheting	<b>12</b> 10:00am Billiards	<b>13</b> 10:00am Art Class 2:00pm Chair Yoga	<b>14</b> 12:00pm Knitting/Crocheting	<b>15</b> 10:00am Knitting/Crocheting 10:00am Art Class 12:30pm <b>Movie Day</b> "The Spectacular Now"
<b>18</b>	<b>19</b> 10:00am Billiards	<b>20</b> 10:00am Art Class 2:00pm Chair Yoga	<b>21</b> 12:00pm Knitting/Crocheting	<b>22</b> 10:00am Knitting/Crocheting 10:00am Art Class 12:30pm <b>Movie Day</b> "Vertical Limit"
<b>25</b> 9:30am Active Silver Seniors 11:45am Chair Pilates 12:00pm Knitting/Crocheting	<b>26</b> 10:00am Billiards	<b>27</b> 10:00am Art Class 2:00pm Chair Yoga	<b>28</b> 12:00pm Knitting/Crocheting	<b>29</b> 10:00am Knitting/Crocheting 10:00am Art Class 12:30pm <b>Movie Day</b> "The Great Escape"

**For General Information or If you have any questions please call Liz Longenhagen at 732-726-6276 or Email: Elizabeth.Longenhagen@twp.woodbridge.nj.us  
Senior Center Hotline # 732-726-6264**

**The following procedures have been put into place for safety purposes.**

- 1. Anyone entering the building must wear a mask AT ALL TIMES.**
2. To reserve a spot in a class/activity, members must call their center the Friday before the following week begins. Calls will be taken starting at **8:30am**, please do not leave messages prior to 8:30am Friday morning.
3. Members will be allowed to enter into the center **15 minutes prior** to class/activity.
4. At this time, only members who registered for a class are allowed in the center.
5. No lingering is allowed.
6. A member can only reserve 2 time slots per week at this time.
7. No class registration will be taken less than 24 hours prior to the start of a class/activity.
8. There will be no water/coffee served. Please bring your own water bottle. No food is permitted.
9. Please practice 6ft of social distance. Continuously wash your hands and sanitize your area.
10. Only 1 member allowed in the lavatory at a time.

With your cooperation and following CDC safeguards, we will keep our centers safe and healthy.