



A RECURRING SERIES WITH
A VARIETY OF EXPERTS

Raising Happier Kids

(AND HAPPY PARENTS TOO!)



Katie Hurley, LCSW, is a Los Angeles child and adolescent therapist. She is the author of the popular books, *The Happy Kid Handbook* and *No More Mean Girls*. Find her online at *The Washington Post*, *PBS Parents*, and *Psychology Today*.

How to Raise Kind, Joyful Kids Who Can Deal with the Frustrations of Growing Up

Parents will learn to identify when their child is having a problem: be it anxiety, bullying or the many peer pressures kids face today...including tips to help girls and boys avoid being bullied or becoming one. Katie also offers insights into how to recognize your child's unique temperament and passions and support and nurture them. Her tools are designed to empower both parents and kids.



John E. McCormac
Mayor



Public Health
Prevent. Promote. Protect.
Dennis Green
Health Department Director

**TUESDAY,
May 7, 2019, 7PM**

**Parents and Grandparents of
Kids K-12, Bring Your
Questions!**

REFRESHMENTS WILL BE SERVED
Iselin Middle School Auditorium
900 PANTHER WAY, ISELIN, NJ

Attendance is FREE, but please RSVP to
732-855-0600 ext. 5022, or email
SARAHMARIE.DELVALLE@twp.woodbridge.nj.us

Or, Just Show Up!



**We're giving away FREE
COPIES of Katie's book
to the first 20 to RSVP!**