

NEWS

TOWNSHIP OF WOODBRIDGE



MAYOR JOHN E. McCORMAC

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FOR IMMEDIATE RELEASE:

April 3, 2017

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Mayor John E. McCormac & Woodbridge Health Department Announce Public Health Day ~ 2017 Saturday, April 8 ~ 9:00 AM - Noon

**Health Center Open House... Health & Wellness Information & Medical
Screenings... Healthy Nutrition & Food Safety... Municipal Alliance Events...
Activities for Kids... FREE Give-A-Way's**

Woodbridge - Mayor John E. McCormac, the Woodbridge Township Department of Health & Human Services, and the Mayor's Wellness Campaign announced that "Public Health Day ~ 2017" – a day of FREE Health & Wellness events, information sessions, physical fitness programs, and special "Youth Month" Activities – is slated for **Sat., April 8, 2017** from **9:00 AM to Noon** at the Woodbridge Health Center (2 George Frederick Plaza).

Join Health Department wellness experts and professional staff for health and wellness information and medical screenings (blood pressure, glucose, etc.); community health service information; nutrition and healthy eating tips, including a healthy cooking demonstration by the chef's from Wegmans of Woodbridge; wellness activities for kids and parents; FREE give-a-way's, and much more.

The Woodbridge Municipal Alliance will offer substance abuse information and awareness programs, anti-drug and alcohol messages through interactive health and wellness programs, bounce house, face painting, rock climbing wall, and more...

Visit the Woodbridge Township web page at: www.twp.woodbridge.nj.us or call the Health Department at 732-855-0600 for more information about Public Health Day 2017.

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